

FAST, FRIENDLY JUNK REMOVAL

613.825.0707

CapitalJunk.ca
Ottawa's Junk Solution

The world's largest global newspaper

metro

OTTAWA • WEDNESDAY, MARCH 3, 2010

metronews.ca

OTTAWA'S HOME BUILDER

Single Family & Executive Townhomes

Valecraft
Homes Ltd.

WWW.VALECRAFT.COM

Bride gives birth to baby boy on wedding day

FAST START An Ohio woman taken to a maternity ward in her wedding dress became a newlywed and a new mom on the same day. Jamie Phillips says she felt contractions while her father walked her down the aisle during her wedding ceremony Saturday in Toledo, Ohio, but she thought it was a false alarm.

It wasn't until after her water broke at the reception that she was rushed to a hospital.

The baby boy, named Tova, wasn't due until March 7.

His mother and her new husband, Mark Phillips, say they wanted to "do the right thing" and get married before the baby's arrival, which is why they cut things so close.

THE ASSOCIATED PRESS

News on the Move

What's this barcode for?

Learn how to scan the barcode with the instructions at the top of pg 3

Celebrity Buzz pg 22

Murphy leaves it all to mom



On the web

Visit metronews.ca for news updates

ShareYourViews

ottawalatters@metronews.ca



PHOTO SUBMITTED BY THE CANDIDATES

Voters in Ottawa West-Nepean head to the polls to elect a new member of provincial parliament tomorrow. They will choose between, left to right, Liberal party candidate Bob Chiarelli, New Democrat Pam Fitzgerald, Progressive Conservative Beth Graham, Green party candidate Mark Mackenzie, and frequent candidate John Turmel (not pictured), who is running as an independent.

Byelection candidates talk

Ottawa West-Nepean constituents head to polls tomorrow in provincial vote

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

Metro asked candidates what voters in Ottawa West-Nepean should keep in mind when they cast their ballots tomorrow.

The candidates for MPP in their own words:

BOB CHIARELLI, LIBERAL PARTY

"People need to look at where we were before this government took over, where we're at and where we are going.

"This government has increased funding by 42 per

cent and has hired over 10,000 nurses.

"In the last administration there were constant strikes at the school boards. Our administration has had no strikes and we have increased funding at the public board by 27 per cent."

PAM FITZGERALD, NEW DEMOCRATIC PARTY

"What I'm hearing at the door is that people are not happy with this government. They are concerned about the quality of health care and the reports about the loss of nurses ... and the length of the waiting times

in many areas.

"As a school board trustee, I see the same things in our school where large amounts of money are thrown (into) certain pet projects that don't address the underlying problems that we have in providing decent schooling for our kids."

BETH GRAHAM, PROGRESSIVE CONSERVATIVE PARTY

"This is a byelection. It's not going to change the fact that Dalton McGuinty and the Liberals are in power for the next 18 months, but it's an opportunity for people

to send a clear message to this government that we do not like the HST.

"I am going to stand up for seniors, middle class families and people with low incomes that are going to be very hard hit by the HST. People are so concerned about this.

"I also want to get money back from this e-health boondoggle."

MARK MACKENZIE, GREEN PARTY

"None of these three parties have inspired people to get involved in the democratic process.

"Nothing will change at Queen's Park unless people vote for me and the Green party. This is the third byelection with Tim Hudak as leader of the PCs and all they have done is get people mad at Dalton McGuinty.

"Not the current government and neither opposition party are tending to the importance of small and medium-sized businesses and health promotion."

INDEPENDENT JOHN TURMEL is also running. Turmel holds the Guinness Book record for most elections contested and lost.

Riding seat empty upon Watson's decision to run for mayor

ELECTION Voters in Ottawa West-Nepean head to the polls tomorrow to elect a new member of provincial parliament.

The position was vacated in February when Jim Watson stepped down to run for mayor this coming fall. Wat-

son had held the position since 2003, when he defeated Progressive Conservative Gary Guzzo by nearly 3,000 votes. He defended the riding in 2007, winning by nearly 9,000 votes.

Watson has already served one brief term as

mayor in 1997.

After months of speculation that he would return to municipal politics, he made it official by announcing his candidacy in January, becoming the third-highest profile Liberal to do so.

Former deputy premier

George Smitherman is running for mayor in Toronto. He is running against former federal Liberal party director Rocco Rossi.

Liberal candidate Glen Murray, who was once the mayor of Winnipeg, won the byelection to replace

Smitherman in his Toronto Centre riding.

Another provincial byelection is taking place in Leeds-Grenville tomorrow, after the MPP for that riding, Bob Runciman, was appointed to the Senate.

TIM WIECLAWSKI/METRO OTTAWA



Are you a Landlord?

Need some Help?

Specializing in multi-unit residential:

- Rent Collection • Vacancy Control • Evictions
- 24hr Service & Maintenance
- Detailed Monthly Statements

613.521.2000
sleepwellmanagement.com





Ottawa
Merivale Place
1651 Merivale Rd.
(613) 224-3827
The Shops of Main Street
1261 Main St.
(613) 836-0976
Southgate
2151 Bank St.
(613) 739-4775
11 Selkirk St.
(613) 745-6800
McKellar Plaza
1867 Carling Ave.
(613) 739-0425
256-363 Bank St.
(613) 594-4555
Hunt Club Centre
3320 McCarthy Rd.
(613) 523-2474
1493 Richmond Rd.
(613) 829-2137
Barrhaven Town Centre
3777 Strathcona Rd.
(613) 823-6909
College Square
1379-A Woodcliffe Ave.
(613) 225-6007
Carlingwood Shopping Centre
2121 Carling Ave.
(613) 798-1946
St Laurent Shopping Centre
1200 St Laurent Blvd.
(613) 746-8546
Rideau Centre
50 Rideau St.
(613) 232-4800
Place D'Orleans
110 Place D'Orleans Blvd.
(613) 590-2237
Billings Bridge Plaza
2265 Riverside Dr.
(613) 737-2071
Bayshore Shopping Centre
100 Bayshore Dr.
(613) 736-7665
690 Bank Street
(613) 216-5461

HAVE YOU GOT THE TOUCH?

TOUCHPHONES FROM ONLY \$19⁹⁹ with select 3-yr. plans



free
WIRELESS ACCESSORY
up to \$50 value²
with select devices on 3-yr plans

EXCLUSIVELY FROM **ROGERS™**



Just Ask

UNLIMITED VALUE PLANS FOR TOUCHPHONES

Get **UNLIMITED SURFING³** from only **\$30/mo^a** at your Rogers Plus store.

plus Government Regulatory Recovery Fee



RATES AND OFFERS EFFECTIVE MARCH 4, EXPIRE APRIL 5, 2010, UNLESS OTHERWISE STATED HEREIN AND ARE SUBJECT TO CHANGE WITHOUT NOTICE. SOME CONDITIONS APPLY. SEE STAFF IN-STORE FOR FULL DETAILS. AVAILABLE ONLY AT PARTICIPATING ROGERS PLUS LOCATIONS. All prices exclusive of taxes. Offers may not be combined with any other discounts or offers. Regular monthly rates apply after promotional periods. Early cancellation fees apply. Some devices, products and services not available in all areas. ² The Government Regulatory Recovery Fee ranges from \$2.46-\$3.46/line/month (varies by province and plan selected). It is applied to help fund fees, costs and other amounts related to federal, provincial and/or municipal mandates, programs and requirements. **It is not a tax or charge the government requires Rogers to collect and is subject to change.** See www.rogers.com/regulatoryfee for details. A one-time Activation Fee of up to \$35 (varies by province) also applies. Where applicable, additional airtime, data, long distance, roaming, options and taxes are extra and billed monthly. ¹ Samsung Flight \$49.99, Nokia 5800 \$99.99, Samsung Forever \$49.99, LG Xenon (blue) \$49.99, LG Pop \$19.99; all with new activation on any 3-yr term voice plan. ² Offer ends April 5, 2010 and may not be combined with any other offer. Available to: a) new customers with purchase of select eligible Rogers Wireless devices and activation on any new 3-yr term plan; or b) existing customers with purchase of select eligible device and upgrade to add any new 3-yr term data plan. Limit one accessory credit per eligible customer. Accessory credit redeemable for one accessory purchase (max. Value \$50 before taxes) at any Rogers Plus location. See in-store for full details. ³ Includes unlimited on-device mobile browsing, excluding tethering (use of device as wireless modem) on select Rogers certified devices. Usage subject to Rogers Terms of Service and Acceptable Use Policy, see rogers.com/terms. Data transmission charges of 34¢/KB apply when roaming. Visit rogers.com/mobilebrowsing for details. ©2010 Rogers Cable Communications Inc.

News on the Move
IN THREE EASY STEPS

1 DOWNLOAD THE FREE SCANLIFE APPLICATION WITH YOUR SMARTPHONE AT 2DSCAN.COM

2 USE THE SCANLIFE APPLICATION ON YOUR SMARTPHONE TO SCAN 2D BARCODES IN METRO

3 THE CODES WILL DIRECT YOUR MOBILE BROWSER TO RELEVANT CONTENT AT M.METRONEWS.CA



3

Local



fantastic CITY

Become a Facebook fan for a chance to win airfare to any Metro city in Canada.

Look what city is leading now...

HALIFAX FANS	OTTAWA FANS	TORONTO FANS	CALGARY FANS	EDMONTON FANS	VANCOUVER FANS
774	345	886	356	232	460

*Total number of fans as of 7:30 PM yesterday. Numbers shown are based on specified criteria. Become a FAN at facebook.com/metroottawa

Decision on tip line put off

Crime Stoppers seeks \$100K from committee in hard times

A city committee is reserving judgment on giving a one-time contribution of \$100,000 to Crime Stoppers, pending more consultation by city staff.

Keith de Bellefeuille Percy, board chairman of Crime Stoppers for the National Capital Region, told the city's corporate services and economic development committee yesterday that in its 25 years of existence, the charity has relied solely on personal donations, but the recession has taken a toll on fundraising. With about \$80,000 in the bank, he said, "There is a risk to our survival."

The \$100,000 would fund a new awareness campaign

targeting youth and seniors in areas of the city with high crime rates. Residents of high-crime areas, de Bellefeuille Percy said, tend to call in fewer tips to Crime Stoppers, possibly because of apathy, fear of reprisal or a lack of knowledge about Crime Stoppers and its guarantee of anonymity to tipsters.

In his presentation, de Bellefeuille Percy identified nine neighbourhoods that would be the focus of the program: Caldwell-Ramsey, Michelle Heights, Britannia Woods, Overbrook, Bayshore, Heatherington, Ledbury, Russell Road, and Confederation Heights.

Now that the city's budget is done, deputy city manager Steve Kanellakos told councillors the only source of new funding would likely be the city's \$2.8-million contingency fund, much of which is already spoken for.

The committee voted to defer the decision to a future meeting. **STEVE COLLINS/ FOR METRO OTTAWA**

Ottawa entrepreneur enters Dragons' Den

TELEVISION It's not easy walking into the Dragons' Den.

"They were brutally honest with myself and my customer," said Eric Dormer, president of Ottawa-based software startup CheckinWiz, who is appearing on tonight's episode of the hit CBC program. "But it was certainly entertaining."

CheckinWiz is a service that connects travellers, hotels and event planners through a person's mobile device. It is intended to help travellers interact with their hotel or help event planners interact with their guests.

Dormer could not reveal if any of the Dragons on the show were interested in his



Eric Dormer, president of Ottawa-based meeting and hospitality software startup CheckinWiz, is appearing in tonight's episode of the hit CBC television program Dragons' Den.

offer, a 25 per cent stake in the company in exchange for a \$150,000 investment, but he said it was a phe-

nominal experience that helped his company tremendously. "For a startup entrepre-

neur, you just don't get the opportunity to stand up in front of five people who have made their businesses, are successful and passionate, and have them tell you what they think of your product and service," he said.

Even though the broadcast may only show a few minutes of the presentation and some brief discussion, Dormer said they spent nearly half an hour discussing the pitch.

Even if he didn't get the investment he was looking for, Dormer said he's hoping event planners see the episode and look into the product.

TIM WIECLAWSKI/ METRO OTTAWA

metronews.ca
WHAT'S ONLINE TODAY

Blogs "Own the Podium" may have been a bit of a wash, but SpinDoctor sees plenty for us to be proud of

Lotteries
Ontario Pick 3: 3 3 6 5; Ontario Pick 4: 6 5 5 9
Encore: 7622985
Daily Keno: 1, 7, 8, 9, 18, 21, 22, 25, 30, 34, 35, 41, 44, 47, 51, 58, 59, 60, 62, 69
These results are not official.

ADVERTISE TODAY!
1 888 91 metro (63876)

m.metronews.ca



Scan this barcode for more local news on your smartphone. Learn how to scan the barcode with the instructions at the top of this page

Stomp Broadway hit in town



Stomp cast member Nicholas Young, centre, and others perform yesterday for volunteers at the Ottawa Food Bank. The touring Broadway production, which opens at the National Arts Centre tonight, is accepting donations of non-perishable food or cash to the food bank during its Ottawa engagement.

Body retrieved from river after truck falls through ice

DEATH Ottawa police and firefighters pulled the body of a man out of the Ottawa River just off Petrie Island yesterday afternoon after a truck fell through the ice while trying to tow a fishing hut Monday.

Earlier yesterday, police, paramedics and the fire department jointly issued a warning for people to stay off the ice.

The incident occurred just after 7:30 p.m. Monday, when several people were using a truck to remove a fishing hut less than a kilometre off Petrie Island. The vehicle broke through the ice, police said yesterday.

The driver of the vehicle, who police said was a 45-

year-old man, went down with the vehicle and was presumed drowned.

This is the second time in just more than a week that a person has died when their vehicle went through the ice. Last week, 37-year-old Orleans resident Rachel Taylor was killed after the truck she and her boyfriend were driving in fell through the ice near Aylmer Island.

"The ice is unstable and unpredictable at this time of year," said Ottawa police Const. Alain Boucher. "You're risking your life to go onto the ice."

The truck will remain in the water until a time that it can be removed safely.

TRACEY TONG/METRO OTTAWA

Diabetes isn't just about sugar.

We can help you avoid simple things that put your family at high risk.
Call a Registered Dietitian for free.

EatRight Ontario 1-877-510-510-2



ontario.ca/eatright



Fund for by the Government of Ontario

City considers attrition

Council votes on whether vacant municipal jobs should stay that way

STEVE COLLINS
for Metro Ottawa



Jobs on the city payroll that have been vacant for two years could be eliminated if city council accepts the recommendations of its corporate services and economic development committee.

Under the measures, voted in by the committee yesterday, managers would have to make the case for keeping a position open if a suitable candidate had not been found in the specified time.

City treasurer Marian Simulik told the committee there are only 40 such

vacancies among 14,905 city employees.

Clarence Dungey, spokesman for city union CUPE Local 503, advised the committee to seek solutions from city managers instead of voting in the new rules.

"There are all sorts of reasons why people retire, good and bad, and

there are all sorts of reasons why vacancies aren't filled, good and bad, but they all have one thing in common, and that's an impact on service to the community," he said.

ShareYourViews

ottawalatters@metronews.ca

News in brief

CANDIDATES The mayor's race is already thinning out. Robert Larter has withdrawn from the race, bringing the list of candidates down to eight. Mayor Larry O'Brien said he will announce his intentions in June. Meanwhile, the ward races are filling out. Innes Ward Coun. Rainer Bloess and Osgoode Ward Coun. Doug Thompson are seeking re-election, while Mark Scharfe is running in Osgoode and Mano Hadavand in Capital Ward. Sriyan Pinnawala is running in Rideau-Vanier Ward. He is cur-

rently the only candidate in that ward since André Brazeau has dropped out of the race. **POLLS** The city's corporate services and economic development committee yesterday voted to accept Oct. 2 and Oct. 14 as advance poll days for this fall's municipal elections, despite concerns the dates are too early. This year's municipal election is to be held Oct. 25, and city staff said Thanksgiving weekend constrained their choices for advance poll dates. City council will vote on the dates.

METRO OTTAWA

Here to support you

If you've recently lost your job, or are afraid you might, Canada's Economic Action Plan can help.

- Five extra weeks of Employment Insurance (EI) regular benefits
- Increasing the duration of EI benefits in regions of high unemployment
- Faster EI claims processing
- Extended benefits and skills training for workers who have paid into government programs for all those years and now need assistance

Call or visit to learn more.

actionplan.gc.ca
1 800 O-Canada

CANADA'S ECONOMIC
ACTION PLAN

Canada

Three managers at Rights and Democracy fired

Three suspended senior managers at Rights and Democracy were fired yesterday in a move sure to further inflame controversy at the troubled agency. Montreal lawyer Julius Grey, who represents the three, said they were fired for alleged insubordination. **THE ASSOCIATED PRESS**

5

Canada



Bison play ecological role: Experts

For many, bison might not be much more than the source of a tasty burger, and the idea of them running wild confined strictly to the past. But scientists from across the continent argue that the massive mammals have a role to play in Canada's future as well. Cormack Gates, a University of Calgary professor, says wild bison could have an important ecological niche.

THE CANADIAN PRESS

Crime bills may flop in House of Commons

POLITICS The Conservative government may have won control of key committees after it prorogued Parliament, but that won't guarantee control of crime legislation when the House of Commons returns today.

The opposition parties are offering no guarantees that more than a dozen law-and-order bills that died with prorogation will be automatically resuscitated and fast-tracked.

Prime Minister Stephen Harper's shutting down of Parliament in late December killed the bills, some of which had already been debated in the Commons.

Ending the parliamentary session early allowed Harper time to appoint more Conservative senators and win control of key Senate committees that had held up his government's crime bills.

Polls have shown that tougher crime legislation is popular with voters, particularly women living in suburban ridings who commute to downtown areas. Those women are a key demographic target for Conservative strategists.

In the meantime, criminologists almost unanimously agree that most crime is decreasing.

THE CANADIAN PRESS

Minister nixed gay rights in citizenship guide: Docs

Citizenship and Immigration Minister Jason Kenney blocked any reference to gay rights in a new study guide for immigrants applying for Canadian citizenship, The Canadian Press has learned.

Internal documents show an early draft of the guide contained sections noting that homosexuality was decriminalized in 1969; that the Charter of Rights and Freedoms forbids discrimination based on sexual orientation; and that same-sex

marriage was legalized nationally in 2005.

But Kenney, who fought same-sex marriage when it was debated in Parliament, ordered those key sections removed when his office sent its comments to the department last June.

Senior department officials duly cut out the material — but made a last-ditch plea with Kenney in early August to have it reinstated.

"Recommend the reinsertion of the text boxes related to ... the decriminal-

ization of homosexual sex/recognition of same-sex marriage," says a memorandum to Kenney from deputy minister Neil Yeates.

"Recommend the addition of 'equality rights' under list of rights. Had noted earlier that this bullet should be reinserted into the list as a means of noting the equality of all based on race, gender, sexual orientation etc ..."

In the end, however, Kenney's view trumped that of the bureaucrats. The 63-

page guide, released with fanfare last November, contains no mention of gay and lesbian rights.

THE CANADIAN PRESS

m.metronews.ca



Hybrid hype? As more models roll out, experts agree the gas engine will continue to dominate. Scan this code for the story.

Wind brings seal newborns ashore

ANIMALS There were thousands of unexpected visitors on New Brunswick's north shore yesterday — a huge herd of seals. An on-shore wind packed the shoreline in Dalhousie with ice pans covered with seals, including hundreds of newborn pups. "Everywhere you looked you would see a female seal with one of her little pups," Nicole Landry-Berube, an employee at Dalhousie town hall, said. "It was quite something to see and also to hear because the little pups were crying for their moms," she said.

THE CANADIAN PRESS

Victoria Back to reality for B.C.



Protesters carry a coffin meant to represent the social welfare system as they march outside the British Columbia legislature before B.C. Finance Minister Colin Hansen tabled the provincial budget in Victoria yesterday.

Teen who got cousin, 13, pregnant to serve jail time

COURTS A 19-year-old northern Ontario man who got his 13-year-old cousin pregnant has been handed a nine-month jail sentence in a case the Crown prosecutor called one of the hardest she's dealt with.

In an interview from Sault Ste. Marie, Ont., Crown lawyer Nancy Komsa called the situation sad.

"It's a very difficult situation — it's probably one of the worst sentences I've done," Komsa said yesterday.

"She's pregnant and he's in jail; I don't know if that's a situation that either of them planned or hoped for."

The older teen was convicted yesterday of sexual

"She's pregnant and he's in jail; I don't know if that's a situation that either of them planned or hoped for."

Nancy Komsa,
Crown lawyer

assault after court heard the cousins had sex 47 times over a two-month span last fall. He also pleaded guilty to charges of sexual interference and invitation to sexual touching.

THE CANADIAN PRESS

Celebrate the movement that's changing the world one woman at a time with a breathtaking movie event inspired by the highly acclaimed book **HALF THE SKY**.



HALF THE SKY LIVE

ONE NIGHT ONLY

March 4 at 7:30pm, Empire 7 Cinemas, World Exchange Plaza

Seating is limited. Buy your tickets today at **CARE.CA**

Marisa Tomei

Co-director HALF THE SKY: Woineshet

Sarah, Duchess of York

CARE Ambassador

Michael Franti

CARE Ambassador

Halifax **A hero's welcome home from Haiti**

Family members wait to be reunited with their loved ones as the HMCS Halifax, returning from six weeks aiding with relief efforts in Haiti — makes its way up the Halifax harbour yesterday.

Quebec facing rights suit in veil controversy

A Muslim student who was kicked out of a Quebec classroom for wearing a religious face-covering has accused the provincial government of trampling on her human rights.

She has filed a complaint with the Quebec Human Rights Commission. But the government is sticking by its guns.

A spokesman for the province's immigration minister says the woman could have stayed in the French class had she agreed to remove her niqab for certain exercises.

The woman's teachers say the garment kept her from improving her enunciation and other language skills.

The school reportedly asked the government to intervene after it spent months trying to accommodate her religious beliefs.

Among other things, the school allowed her to give oral presentations with her back facing the class. The government move is earning some plaudits, even from moderate Muslim groups.

THE CANADIAN PRESS

N.B. minister urges feds not to cut equalization in tomorrow's budget

NEW BRUNSWICK New Brunswick's finance minister says it's imperative there be no cuts to equalization in this week's federal budget.

Greg Byrne said equalization and transfers make up about 25 per cent of his budget, so it's critical the funds continue to flow. Federal Finance Minister Jim Flaherty will table his budget in Ottawa tomorrow.

"The federal minister has reassured me previously that they would not be balancing the books on the backs of the provinces ... we are hopeful that they will not cut equalization," Byrne said yesterday.

He hopes Flaherty will continue funding programs such as the home renovation tax credit to help provide jobs.

THE CANADIAN PRESS

Police arrest teens allegedly posing as cops

MONTREAL A pair of teenage boys who allegedly passed themselves off as police officers to rob motorists, wound up receiving an unwanted visitor: The real police.

The pair of 18-year-olds now face a host of charges, including impersonating a police officer, extortion, dangerous driving, uttering threats and theft.

Police say it's rare that someone would attempt such a brazen crime.

Still, they're urging people to ask for ID whenever anyone without a uniform approaches them, claiming to be a cop.

For the past two weeks, the two Montreal men allegedly pretended to be plainclothes policemen, stopping vehicles, and in one case, extorting money from the victim in exchange for saying they wouldn't tow his car.

Some people were also allegedly robbed of personal items after being approached by the youth.

Police say they received complaints about the alleged fraud, tracked the suspects down, and made the arrests.

They say the majority of the reported crimes took place in Montreal's east-end.

THE CANADIAN PRESS

News in brief

OTTAWA The federal government plans to hold a national commemorative ceremony April 9 to honour Canadians who served in the First World War now that the country's last-known veteran — John Henry Foster (Jack) Babcock — has died. Babcock died

Feb. 18 at the age of 109 in Spokane, Wash., where he moved after the war. The ceremony at the National War Memorial in Ottawa is one of several events to be held countrywide on the anniversary of the day in 1917 when Canadians famously took

Vimy Ridge in France. Babcock was acknowledged to be the last of 650,000 Canadian men and women who served in what was then known as the "war to end all wars." About 68,000 of them died between 1914 and 1917.

THE CANADIAN PRESS

HOME PHONE LINES

"I Saved Over \$500 Last Year with Comwave!"

Jennifer, Kamloops



ENHANCED	UNLIMITED CANADA	ONE-RATE	GLOBAL
\$14.95 /MONTH UNLIMITED LOCAL CALLING	\$19.95 /MONTH UNLIMITED CALLING TO CANADA	\$29.95 /MONTH UNLIMITED CALLING TO CANADA & U.S.A.	\$39.95 /MONTH UNLIMITED CALLING TO 25 COUNTRIES WORLDWIDE!

ALL FEATURES FREE!

- ✓ **FREE VoiceMail**
 - ✓ **FREE Caller ID**
 - ✓ **FREE Call Waiting**
 - ✓ **FREE Call Forwarding**
- ...and much more!

CALL TODAY AND GET

6 MONTHS FREE!

- **SATISFACTION GUARANTEED!**
- **KEEP YOUR EXISTING PHONE NUMBER!**

comwave®

613-216-6096

©2010 Comwave services are subject to our advertising. Comwave reserves the right to suspend any service or alter rates at any time. *MISCELLANEOUS PHONES (MISCELLANEOUS) 111 has certain limitations versus traditional 911. These rates are based on a 3 year term. Satisfaction Guaranteed within 90 days. If you are not 100% satisfied, you may cancel your Phone service no questions asked. Home Phone plan is limited to 1000 minutes per month. These minutes used will be billed at 199 cents per minute. Unlimited Canada plan does not include calls to the United States, Puerto Rico, Mexico, Alaska, Hawaii or Alaska. Rate guarantee is based on competitors lowest advertised rate for like services. 6 Months Free - You get 3 months free immediately upon activation of the service. Get an additional 3 months free if you transfer your existing Home Phone Line to Comwave within the first 3 months. Terms and conditions apply. See www.comwave.net for details.

A lawsuit filed yesterday challenges the City of Los Angeles' crackdown on medical marijuana dispensaries, claiming it would force nearly all of them to close. The suit by the U.S.'s largest medical marijuana advocacy group accuses the city of violating the rights of pot clinic operators and "deprives the seriously ill of the medicine promised them." **THE ASSOCIATED PRESS**

Group challenges L.A. crackdown on pot clinics

World



The return of the Sea Lion

Sea lions are returning to San Francisco's Pier 39 after an abrupt disappearance that left tourists disappointed and experts baffled. Marine experts say the animals come and go regularly, leaving in the fall to breed and give birth to their young in the Channel Islands. The large numbers like the 1,700 seen in November — and their sudden departure — were unusual but not worrisome. They were probably looking for food.

THE ASSOCIATED PRESS

Going back in history

Scholars to analyze Irish slaughter from 1640s

One of the most divisive and hotly disputed events in Irish history — the 1641 killings of thousands of Protestant settlers by Catholic natives — is to be examined in forensic detail for the first time, researchers said yesterday.

The scale of the bloodshed left communal scars for centuries. Protestants cited it as their basis for fearing and oppressing the natives, while Catholics insisted the historical record was grossly exaggerated to justify subsequent British repression in Ireland.

Now, scholars from Aberdeen University in Scotland and Trinity College Dublin will analyze and seek patterns in 20,000 pages of statements from 4,000 witnesses.

Paisley retires

• Ian Paisley, the hard-line Northern Ireland evangelist who led Protestants into power-sharing with Catholics, announced yesterday he will retire from the British Parliament after a 40-year career.

The 1642-1655 documents, stored in Trinity's historical archives since the 1740s, have been converted over the past two years into digital form.

Researchers now plan to dissect the language used and references to assailants, with the goal of separating truth from fiction and facts from artistic license.

The lead researcher, Aberdeen language and lin-

guistics expert Barbara Farrell, said the scale of the 1641 slaughter was cited as justification for when the English army of Oliver Cromwell invaded Ireland in the 1650s and killed natives without mercy.

English parliamentary documents of the time claimed more than 200,000 Protestants had been killed but Farrell said the most reliable estimate today is that at least 4,000 died.

Farrell said the research would determine whether survivor accounts written down by Cromwell's fact-finders were accurate, exaggerated or outright lies. She expressed confidence in finding evidence of the "manipulation" of some figures and events.

THE ASSOCIATED PRESS

Chile Chaos in wake of deadly quake



A police officer aims his gun at people looting goods from a damaged store in Talcahuano, Chile, yesterday. Saturday's 8.8-magnitude quake killed more than 700 people. Field hospitals and generators are among aid that Chile has requested from Canada. Scan the code at right or go to metronews.ca/world for the story.



Tab The Amazing Bra
Personalized Custom Fitted Bras
Where health, comfort and beauty matter most!

- optimal support for all types of figures
- increased circulation for healthy breast tissue
- helps with posture correction and back pain
- no bounce for sports and exercise
- compliant for nursing / mastectomy / lumpectomy
- no wires, no elastic, no digging straps

Comfy Posture Solutions 613-521-9100
For more details visit
www.comfyposturesolutions.com

85% of women are wearing the wrong size bra. Are you?

BDO www.bdodebthelp.ca

Let BDO help you get on the road to financial stability

- Avoid bankruptcy
- Consolidate debt into one manageable monthly payment
- Stop interest
- Stop harassing calls from creditors
- Protect your home and car

Financial problems can happen to anyone. We will advise you about all of your options and find the right solution to alleviate your financial stress.

Serving Canadians since 1958

More people choose BDO than any other firm in Canada*
Free Consultation - Convenient, confidential appointments

The Elgar Building
200 Elgin St, Suite 903
613-235-5225
1-800-754-1579

BDO Canada Limited *OSB Statistics
Trustee in Bankruptcy - Credit Counsellors - Proposal Administrators

Authorities bust cybertheft virus ring

SPAIN Authorities have smashed one of the world's biggest networks of virus-infected computers, a data vacuum that stole credit cards and online banking credentials from as many as 12.7 million poisoned PCs.

The "botnet" of infected computers included PCs inside more than half of the Fortune 1,000 companies and more than 40 major banks, according to investigators. Spanish investigators, working with private computer-security firms, have arrested the three alleged ringleaders of the so-

Botnets: Networks of infected PCs

• Botnets are networks of infected PCs that have been hijacked from their owners, often without their knowledge, and put into the control of

criminals. Linked together, the machines supply an enormous amount of computing power to spammers, identity thieves, and Internet attackers.

called Mariposa botnet, which appeared in December 2008 and grew into one of the biggest weapons of cybercrime. More arrests are expected soon in other countries. The arrests are significant because the masterminds behind the biggest botnets aren't often

taken down. And the story of investigators' hunt for them offers a rare glimpse at the tactics used to trace the origin of computer crimes.

Also, the suspects go against the stereotype of genius programmers often associated with cyber crime.

The suspects weren't brilliant hackers but had underworld contacts who helped them build and operate the botnet, Cesar Lorenza, a captain with Spain's Guardia Civil said. "They're not like these people from the Russian mafia or Eastern European mafia who like to have sports cars and good watches and good suits — the most frightening thing is they are normal people who are earning a lot of money with cybercrime," Lorenza said.

THE ASSOCIATED PRESS

Germany overturns phone data law

BERLIN Germany's highest court yesterday overturned a law allowing authorities to retain data on telephone calls and email traffic for help in tracking criminal networks.

A law ordering data on calls and email exchanges be retained for six months for possible use by criminal authorities violated Germans' constitutional right to private correspondence and must be revised, the Federal Constitutional Court ruled.

In its ruling, the court said the law failed to suffi-

ciently balance the need for personal privacy against that for providing security, although it did not rule out data retention in principle.

"The disputed instructions neither provided a sufficient level of data security, nor sufficiently limited the possible uses of the data," the court said.

Nearly 35,000 Germans had appealed to the court to overturn the law, which stems from a 2006 European Union anti-terrorism directive requiring telecommunications com-

panies to retain phone data and Internet logs for a minimum of six months in case they are needed for criminal investigations.

The court upheld the EU directive, saying the problem lay instead with how the German parliament chose to interpret it.

Under the German law, which went into effect Jan. 2008, information about all calls from mobile or landline phones was retained for six months, including who called whom, from where and for how long.

THE ASSOCIATED PRESS

Parishioners asked to help pay

IRELAND A Catholic diocese at the centre of Ireland's child-abuse scandals is asking parishioners to help cover some of its \$14 million US in costs for paying victims and fighting legal battles. The Fern diocese's chief financial officer, Eugene Doyle, said yesterday that the church had no option but to ask the faithful to help foot the bill. He estimated that the diocese's 100,000 members in 80 parishes would be asked to contribute \$85,000 annually for the next 20 years.

THE ASSOCIATED PRESS

OTTAWA

Managing Editor, Tracey Tong
Sales Manager, Dara Mottahed

Distribution Manager, Bernie Horton

METRO CANADA

Group Publisher, Bill McDonald
Editor-in-Chief, Charlotte Empey

Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Link
Asst Managing Editor, Amber Shortt

Art Director, Laila Hakim

National Sales Director, Peter Bartram
Interactive/Mktg Director, Jodi Brown

9

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONews.CA

METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

Comment

Canada's golden age

TheWestView



metronews.ca/thewestview

Much is being made of Canada's gold record at the 2010 Olympics: 14 gold, the most ever.

Quite an accomplishment, but we should check the math: The final tally is more like 34,019,726 gold, one for every single Canadian.

Neil Young, who haunted Sunday's closing ceremonies like a ghost from Winnipeg, sang Long May You Run, which was nice, if the wrong Olympic season, but he could have really hit the target with Heart Of Gold, a more evocative — and accurate — celebration of the New Canadian Attitude (trade-mark registered).

It was born on the streets of Vancouver, as thousands lined up for

hours for a chance to buy Olympic gear branded Canada, no matter that it was made in China.

The new 'tude burst free on the final day when Team Canada wrote the mother of all happy endings in the gold-medal hockey game.

The Canuck genie is out of the bottle and with any luck it won't look around, come to its senses and crawl back into the bottle with a meek little apology.

Somehow, over the last two weeks, the people took over from the nattering negativity of the media (your friendly columnist included), and stopped the complaining. So what if it rains all the time or it's crowded or the stupid hydraulic arm doesn't work and the Games cost more money

than the GDP of Uzbekistan, etc. We rock. Jon Montgomery rocks. Joanne Rochette rocks. Nickelback rocks. Canada rocks.

For me, the New Canadian Attitude came out loud and proud in that ridiculous Michael Bublé-Busby Berkeley production number with the giant inflatable beavers and flying moose that capped the closing ceremonies. What a magnificent combination of hoser humour, uncharacteristic excess, unbridled goodwill and

Molson-induced pride. You want Canada? You got it! Here's the thing. The Games are over and the guests have gone home: How long will the golden grins last? How long before the negativists, who have been



Share your views with us on Twitter: @metroottawa

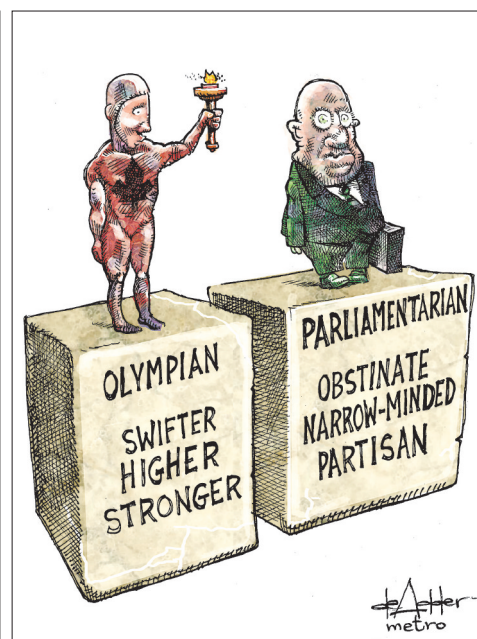
lurking patiently in the dark shadows, re-emerge, fingers wagging, hands wringing, scolding us to remember all the things that pull us apart?

This coming of age thing is interesting, especially how it goes down elsewhere. The British media are furiously trying to stuff us back into the bottle, complaining about an unseemly display of national jingoism from a country that once knew its place. Our American cousins, however, are extending a hand across the border: Welcome to the world, kid. You're looking good.

And now, as goalie Roberto Luongo said at the end of the greatest game ever: "It doesn't matter what they say. I've got the gold around my neck. They can't take that away from me."

Or me. Or you.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.



Worth mentioning

Mega quake predicted for Pacific Northwest

Just 50 miles off the Pacific Northwest coast is an earthquake hot spot that threatens to unleash on Seattle, Portland and Vancouver the kind of damage that has shattered Chile.

The fault has been dormant for more than 300 years, but when it awakens — tomorrow or decades from now — the consequences could be devastating.

Recent computer simulations of a hypothetical magnitude-9 quake found that shaking could last two to five minutes — strong enough to potentially cause poorly constructed buildings from British Columbia to Northern California to collapse and severely damage highways and bridges.

Such a quake would also send powerful tsunami waves rushing to shore in minutes. While big cities

such as Portland and Seattle would be protected from severe flooding, low-lying seaside communities may not be as lucky.

The Pacific Northwest "has a long geological history of doing exactly what happened in Chile," said Brian Atwater, a geologist with the U.S. Geological Survey and University of Washington.

"It's not a matter of if, but when the next one will happen."

The last one hit in 1700, a magnitude-9 that sent nine- to 12-metre tall tsunami waves crashing onto the coast and racing across the Pacific, damaging Japanese coastal villages.

To better understand mega quakes, a group of scientists planned to travel to Chile in May for a conference on giant earthquakes and their tsunamis.

THE ASSOCIATED PRESS

Word on the street: On a scale of one to 10, how would you rate the Vancouver Olympics?

Adam Gesser
Ottawa

A: Ten. The coverage is great. The energy is different when the Olympics are at home.

Tabrina Clelland
visiting Ottawa

A: Ten, because it creates Canadian patriotism.

Steve Laskowski
Ottawa

A: A nine. There's so much more media coverage than any other Olympics. I don't have cable, but I can watch the Games over the Internet. It's great.

Sulhee Kim
Vancouver

A: Nine. (Vancouver) is a very quiet city, but during the Olympics people had patience and lots of enthusiasm, so many people in the streets high-fiving.

Paul Chao
Toronto

A: The Vancouver Olympics is definitely an easy 10. There's only been a handful of times where an event has united a country like the 2010 Olympics did.

Traci Bednard
Edmonton

A: I thought it was a 10, and for me it got better as it went along. It exceeded my expectations for what I thought the Olympics would be.



Tell us your views by email to ottawaleaders@metronews.ca or comment on metronews.ca or on Twitter @metroottawa

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

After two decades in existence, a name change and a new strategic plan marked the beginning of another era yesterday for the ABC Canada Literacy Foundation. Henceforth, it will be known as ABC Life Literacy Canada, the non-profit organization announced. **THE CANADIAN PRESS**

Business

DOLLAR	N.GAS	OIL	TSX
 US 96.48¢ US 0.47¢	 US \$4.708 US 2.9¢	 US \$79.68 US 98¢	 11,828.31 100.25

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Interest rates to stay at historic lows for now

The Bank of Canada is keeping interest rates at historic lows for a few more months, while sending out signals that the economy is rebounding strongly and could trigger inflationary pressures.

The central bank's more positive take on the economy followed a Statistics Canada report Monday of a surprising five per cent growth spurt in the fourth quarter of 2009 and sent a strong loonie even higher.

"The level of economic activity in Canada has been slightly higher than the bank had projected in January," the bank said yesterday morning before markets opened.

"The economy grew at an annual rate of five per cent in the fourth quarter

Wait till July

Most economists agreed Carney is unlikely to act on interest rates until July, noting that yesterday's announcement repeats the conditional commitment to keep rates at the historic low until the third quarter.

of 2009, spurred by vigorous domestic spending and further recovery in exports."

"Slightly higher" may be an understatement, as the bank had projected growth of only 3.3 per cent for the last three months of 2009.

The bank also noted that "core inflation" has been slightly firmer than projected, although it added that some of the price in-

creases were due to transitory factors.

The governing council continued to reiterate that despite the improved conditions, they would likely leave the overnight rate where it has been since last spring — at 0.25 per cent — until at least July.

But some economists weren't buying it and the reaction of money markets suggested that there may be some pressure on governor Mark Carney to move on interest rates ahead of schedule.

"They are getting ready to take away the punch bowl," said Derek Holt, vice-president of economics with Scotia Capital. "I think they are priming the markets for a second-quarter hike." **THE CANADIAN PRESS**

Geneva Motor Show **The future is green**



Citroën's futuristic concept e-car Survolt is displayed at the Geneva Motor Show in Geneva, Switzerland, yesterday. About 250 exhibitors from 30 countries are showing 100 car premieres at the auto show until March 14. More than 60 models were developed to use energies other than petroleum at the 80th edition of the show.

Number of women in board positions not changing: Study

STAGNANT The number of women in board positions in Canada has remained stagnant for several years, with the greatest dearth reported at public companies, according to a new study.

"This is really an issue of the recruitment of the very best talent available for board service in Canada," said Deborah Gillis, vice president, North America, Catalyst.

"We need to move beyond the standard networks to look at a broader pool of candidates and really focus on a competency-based model," she said.

The study, Catalyst Census: Financial Post 500 Women Board Directors, shows that last year only 14 per cent of board posi-

Ontario

In Ontario, women hold 14.4 per cent of the 1,630 board seats at 198 companies, close to the national average.

tions in Canada were held by women, up one per cent since 2007 and two per cent from 2005.

In 2009, public companies reported 10.3 per cent of board positions were held by women, compared to 16 per cent at private companies. Crown Corporations reported women holding 29.1 per cent of board positions and are really "driving" diversity initiatives, said Gillis.

TORSTAR NEWS SERVICE

Brazil pulls beer ad featuring Paris Hilton

ADVERTISING Paris Hilton is too hot for Brazil.

A sultry beer ad featuring the socialite has been pulled after consumer complaints and a watchdog agency's investigation.

The television and Internet ad featured Hilton in a short black dress preening and rubbing a can of Devassa beer on herself.

Brewer Schincariol said in a statement yesterday it will defend the commercial, but is pulling it in the meantime.

Ad watchdog Conar asked that the ad be removed, noting regulations don't permit a beer commercial to treat women as overtly sensual objects. Many Brazilian beer ads feature women in bikinis — but in a beach setting, where such clothing is expected.

Devassa's Bem Loura (Very Blond) beer featured an Internet campaign with Hilton wearing lingerie and high heels, and supermarket displays featured her in the short, black dress. **THE ASSOCIATED PRESS**



Paris Hilton

Party like it's 2017. Faire la fête comme en 2017.

www.ipac.ca/150

www.iapc.ca/150

Conférence
150!CANADA
Conference

BEVERLEY MCLACHLIN TOM JENKINS
BARBARA STYMIEST MARLO RAYNOLDS
ROCH CARRIER MARY SIMON RITA COX
SUJIT CHOUDHRY AND MANY MORE TO EXPLORE.

2017 BEGINS IN 2010 2017 DÉBUTE EN 2010

THE FIRST BIG MEETING TO BEGIN IMAGINING AND
PLANNING CANADA'S 150TH ANNIVERSARY
LA PREMIÈRE GRANDE RÉUNION POUR IMAGINER ET
PLANIFIER LA 150e ANNIVERSAIRE DU CANADA

MARCH 11-12 MARS 2010

NATIONAL ARTS CENTRE / CENTRE NATIONAL DES ARTS OTTAWA
REGISTER TODAY / S'INSCRIRE !
WWW.IPAC.CA/150

150! 6717

JULY BLACK DAVID VIRELLES
RADIO RADIO RISE ASHEN BEAR WITNESS
SAMPRADAYA DANCE CREATIONS

MARCH 11 MARS 2010 7:30PM

AN ARTS CELEBRATION HONOURING CANADA'S 1967
AND 2017 ANNIVERSARIES
UNE CÉLÉBRATION ARTISTIQUE EN L'HONNEUR DES
ANNIVERSAIRES DU CANADA EN 1967 ET 2017

NATIONAL ARTS CENTRE / CENTRE NATIONAL DES ARTS OTTAWA

FREE TICKETS / BILLETS GRATUITS

WWW.6717.EVENTBRITE.COM

Business in brief

TOYOTA Toyota Canada's February sales were up more than 25 per cent from a year earlier, suggesting a massive worldwide recall had not significantly affected the brand's popularity in this country. The company said yesterday it sold 12,693 vehicles last month, including 902 Lexus luxury vehicles. Lexus sales were up 26.2 per cent to their best February ever, while sales of Toyota-brand vehicles were up 25.2 per cent.

PROFIT Bank of Montreal

reported a \$657-million profit in its latest financial quarter as revenue increased by 24 per cent from a year earlier.

THE CANADIAN PRESS

m.metronews.ca



Tech irony? Former regulatory target Microsoft pressures Google for "unfair practices." Scan this code for the story.

Pro Bowl will take place before Super Bowl next year

The Pro Bowl will be played before the Super Bowl when it returns to Honolulu next year. The Hawaii Tourism Authority and the NFL announced yesterday that the game will be played at Aloha Stadium Jan. 30, the Sunday before the Super Bowl. **THE ASSOCIATED PRESS**

11

Sports



LeBron giving up No. 23

LeBron James, left, is making good on his promise. James has filed paperwork with the NBA to change his uniform number next season to No. 6 from No. 23, the league confirmed yesterday. James said earlier this season he would be willing to give up No. 23 in an effort to have the league retire it in honour of Michael Jordan. **THE ASSOCIATED PRESS**

EDITOR: DON.MCHOULL@METRONEWS.CA

Rust shows in return

NHL RESULTS**Rangers 4 Senators 1**

Ryan Callahan scored twice and teammate Sean Avery had a goal and an assist as the New York Rangers defeated the Ottawa Senators 4-1 last night at Scotiabank Place.

The game was the first for both clubs in more than two weeks following the Olympic break, and the rust showed on both clubs.

Brandon Dubinsky had the other goal for the Rangers (29-27-7), who got a 24-save performance from Henrik Lundqvist.

Milan Michalek had the lone goal for the Senators (36-24-4), who have now lost two of their last three



New York Rangers Sean Avery, No. 16, slips the puck by Ottawa Senators goaltender Brian Elliott as Senators defenceman Matt Carkner looks on during last night's action in Ottawa.

after winning 12 of their previous 13.

Brian Elliott started in

goal for the Senators but was replaced late in the second period by Pascal

Leclaire after the Rangers' fourth goal.

THE CANADIAN PRESS

Blue-line future looks bright for Sens

TheHockeyNews

Ken Campbell

thehockeynews.com

The Ottawa Senators thought they needed some short-term help on the blue-line, which is why they picked up veteran Andy Sutton from the New York Islanders yesterday for a second-round draft pick.

In the long term, though, things are looking rather promising for the Senators when it comes to their defence corps. Their top two prospects, hulking defencemen Jared Cowen and Patrick Wiercioch, cracked the list of the top 50 prospects outside the NHL in the annual Future Watch edition of The Hockey News.

Cowen, a 19-year-old who played for Canada at the World Junior Championship and is currently playing for the Spokane Chiefs, was ranked 38th. Wiercioch (pronounced WEER-kawsh), a 19-year-old



Andy Sutton of the New York Islanders checks Matt Cullen of the Carolina Hurricanes against the boards on Oct 21, 2009.

in his sophomore season at the University of Denver, was ranked 43rd overall. Goalie Robin Lehner of the Soo Greyhounds just missed out on the top 50, finishing 58th.

Overall, the Senators group of prospects was ranked 17th overall with a grade of B-minus. Each team was graded on the quality of its top 10 prospects as well as players on the roster who are 21 and younger. For the Senators, that included Erik Karlsson, who is also a defenceman.

So it looks as though a

team that for years had most of its success off offensive panache has built its future on defence. Karlsson is the most offensive of the Senators group of young defencemen, but Wiercioch can also put up numbers, as he did last year when he scored 12 goals and 35 points in 36 games, outstanding numbers for a young freshman player in a very tough league, and was named to both the Western Collegiate Hockey Association all-rookie team and second all-star team.

As for Cowen, he probably has some offensive up-

side to his game as well because he handles the puck quite well and has good mobility for such a big player. He has had some bumps along the way, his season was derailed last year when he underwent season-ending knee surgery and even though he made the Canadian World Junior team, he went long periods without playing and didn't see a shift for Canada in the semifinal against Switzerland.

Whether Senators GM Bryan Murray is finished shoring up his roster will be known for sure at 3 p.m. today when the NHL's trade deadline passes. But at least he goes into the final day knowing his future seems pretty bright on defence.

The Hockey News
thn.com

Sports in brief

GOLF Tiger Woods is closer to competing again. Woods is back home after a week of family counselling in Arizona and is trying to get back into a routine that includes fitness and his first significant practice in 15 weeks, a person with knowledge of his schedule said yesterday.

BASEBALL A person familiar with the negotiations tells The Associated Press that the Arizona Diamondbacks and young all-star outfielder Justin Upton are closing in on a six-year contract. The deal would be worth just more than \$50 million US, the person said yesterday, speaking on condition of anonymity because the contract has not been finalized.

NHL The Toronto Maple Leafs have traded Alexei Ponikarovsky to the Pittsburgh Penguins in exchange for forward Luca Caputi and defenceman Martin Skoula.

Ponikarovsky, 29, has 19 goals

and 22 assists in 61 games for the Leafs this season.

HOCKEY Buffalo Sabres goaltender Ryan Miller received a standing ovation in Pittsburgh last night for leading the United States to an Olympic silver medal — cheers louder than those given to the Penguins' own Sidney Crosby. Crosby beat Miller to score the game-winning goal in overtime Sunday.

PROBE Mets centre-fielder Carlos Beltran talked to federal investigators last week about a Canadian doctor accused of selling an unapproved drug and said he recommended the physician to teammate Jose Reyes. Beltran went to Toronto last summer seeking Dr. Anthony Galea's opinion on his bruised right knee, the all-star said yesterday.

NHL Philadelphia Flyers goalie Ray Emery needs surgery to repair his right hip and will miss the rest of the season.

METRO NEWS SERVICES**SCOREBOARD****NHL****YESTERDAY'S RESULTS**

N.Y. Rangers 4 OTTAWA 1
Carolina 5 Toronto 1
Montreal 4 Boston 1
Nashville 4 Edmonton 3
Vancouver 4 Columbus 3 (OT)
Atlanta 4 Florida 2
N.Y. Islanders 5 Chicago 3
Pittsburgh 3 Buffalo 2
Philadelphia 7 Tampa Bay 2
Los Angeles at Dallas
St. Louis at Phoenix
New Jersey at San Jose

TODAY'S GAMES

Washington at Buffalo, 7 p.m.
Philadelphia at Florida, 7:30 p.m.
Vancouver at Detroit, 7:30 p.m.
Edmonton at Chicago, 8:30 p.m.
Minnesota at Calgary, 10 p.m.
Colorado at Anaheim, 10 p.m.

NBA**YESTERDAY'S RESULTS**

Boston 105 Detroit 100
Miami 110 Golden State 106
Oklahoma City 113 Sacramento 107
Indiana at L.A. Lakers

METRO HOCKEY POOL STANDINGS*

Sponsored by



NAME	LOCATION	GP	G	A	PTS
1. Brian B	A, CA	887	376	525	901
2. Jonathon Gremesperger	B, CA	887	376	517	893
3. Shawn Tschirter	A, CA	882	364	524	888
4. Stephanie Warren	N, CA	864	369	516	885
5. Christian Gagnon	N, CA	839	355	524	879
6. Kyle Turk	N, CA	890	370	503	873
7. Dennis MacDougall	N, CA	860	360	511	871
8. Cole Warren	N, CA	872	330	536	866
9. Bernie Horton	O, CA	826	359	505	864
10. Joanne Doiron	N, CA	832	349	513	862
11. Blaine Schlechter	A, CA	852	350	509	859
12. Jordan Camponi	A, CA	838	336	521	857
13. Jean-Paul Osborne	Q, CA	877	350	505	855
14. Grant Greenfield	A, CA	849	380	474	854
15. Darrick Bowden	N, CA	848	338	513	851

* Results exclude Quebec

markerzone.com

metro

BMW has announced a new research initiative to build personalized travel routes for commuters to avoid traffic gridlock. The company announced the initiative at a "smart transportation" event in Washington. CANADIANDRIVER.COM

Metro Drive

2010's best of the best

Consumer Reports has named its Top Picks for 2010, the best all-around models in their categories based on performance, reliability and safety. The Lexus LS 460L won best car overall category. METRO NEWS SERVICES



EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Bimmer pushes performance

PETER BLEAKNEY
for Metro Canada



BMW is launching a higher performance version of the 2011 335i Coupe and Convertible, dubbed the 335is, in Canada and the US only. Huh? Usually the Europeans get all the fun stuff, so what's up?

Apparently North Americans buy a much higher percentage of hi-performance 3 Series (335i and M3) than Europeans, and since many here have their cars modified, a factory tuner version of the 335i was a viable consideration.

The current BMW 3 Series, which was launched as a 2006 model, sees a refresh for 2011, getting a new hood and fascia, re-contoured grill, headlights with LED "corona rings" and eyebrows, reshaped side sills and LED taillights. You'll know the hotter 335is model by its black kidney grills, aggressive M

Sport fascia, side skirts, high-gloss black mirrors and 5-spoke ferric grey 18" alloys.

Although you'll probably hear it coming first. The sport exhaust system broadcasts a deliciously fruity burble that escalates to a feral wail as the tach needle swings to the 7000 rpm redline.

Power is up 20 horses to 320 and torque jumps from 300 to 332 lb.-ft., available from 1500 to 5000 r.p.m. There is an additional seven second overboost of 370 lb.-ft. should your Reebok hit the firewall.

Where this power comes from makes for an interesting and slightly convoluted tale. All 2011 335i models, save this "is" version, will get BMW's new 3.0L single twin-scroll turbocharged 300 hp straight-six with the trick throttle-less Valvetronic induction system.

Because the "old" twin-turbo 3.0L engine (which

BMW will deliver a new "is" version of its 3 Series later this year.



makes exactly the same horsepower and torque) was more tune-able according to BMW, it continues its tour of duty here with enhanced mojo — mostly achieved via an increase in boost pressure.

A six-speed manual transmission is standard in the 335is — optional will be the excellent seven-speed twin-clutch DCT

gearbox with steering wheel mounted shift paddles from the M3, without the M's multiple shift settings.

Take one of the most poetic handling rear-drive cars on the road, add a bit more power, lots more torque, a sports suspension, stiffer engine mounts, snug sport seats, functional rear diffuser, an

M Sport steering wheel, and you arrive at a particularly special vehicle that expands on the 335i's considerable talents.

It is aimed at those who want more than a garden-variety 335i but can't make the financial or psychological leap to a 414 hp V8-powered M3.

We'll see the 335is Convertible first in early

2011 BMW 335is

Type: Sports coupe/convertible
Price: Not available
Engine: 3.0L single twin turbo

Highlights

- More powerful than regular 3 Series i models
- Aggressive, stylish looks

spring, followed by the Coupe a couple of months later.

No Canadian pricing has been announced.

AutoPilot

Michael Goetz

Read this week's column at metronews.ca/autopilot



Free language classes for newcomers

cic.gc.ca / new

New to Canada? Get the help you need to improve your English or French.

cic.gc.ca/new 1 800 O-Canada (1-800-622-6232) TTY: 1-800-926-9105

Services in British Columbia, Manitoba and Quebec are administered by the respective provincial governments.



Citizenship and
Immigration Canada

Citoyenneté et
Immigration Canada

Canada



NISSAN NOW SALES EVENT



2010 ROGUE FWD S

0% PURCHASE FINANCING
FOR UP TO 36 MONTHS*

CITY: 9.2L/100KM (31 MPG)
HWY: 7.3L/100KM (39 MPG)**

2.5 SL FWD MODEL SHOWN*
www.nissan.ca/rogue

170-hp, 2.5-litre DOHC engine • Standard ABS, Vehicle Dynamic Control (VDC), and Traction Control System (TCS)
Standard Xtronic CVT® w/ available paddle shifters • Auxiliary audio input jack • Nissan Advanced Six Airbag System
Available intuitive all-wheel drive (AWD) system • Winner of a Consumers Digest Best Buy Award¹



★★★★★
5-STAR
RATING
FOR SIDE-IMPACT
CRASH SAFETY 2



2010 VERSA HATCH 1.8 S

0% PURCHASE FINANCING
FOR UP TO 36 MONTHS*

CITY: 7.9L/100KM (36 MPG)
HWY: 6.3L/100KM (45 MPG)**

1.8 SL MODEL SHOWN*
www.nissan.ca/versahatch

Highest horsepower in its class (122-hp)³, 1.8-litre DOHC engine • Most rear leg room in its class (966 mm)⁴ • 60/40 split folding rear seat • Available auxiliary input jack and iPod® connectivity¹ • Nissan Advanced Six Airbag System • Up to 5.8 L/100 km on highway with available Xtronic CVT® • Winner of a Consumers Digest Best Buy Award¹



VISIT YOUR LOCAL NISSAN RETAILER TODAY OR NISSAN.CA FOR DETAILS.

UP TO
\$1000
REBATE*

**NISSAN
GRAD
PROGRAM**

*0% purchase financing for up to 36 months on 2010 Rogue and Versa Hatch models. Representative finance example based on Selling Price of \$26,392 for 2010 Rogue S FWD (WB6G10 AA00), including \$1,500 freight and PDE, \$5 OMVIC fee, \$29 tire stewardship fee, and \$100 air conditioning tax at 0% APR for 36 months equals \$92.56 per month with \$5,000 down payment or equivalent trade-in. Cost of borrowing is \$0 for a total obligation of \$26,392. License, insurance, registration, and other applicable taxes (including GST/PST and \$75 tax for fuel conservation) are extra. Finance offers are available on approved credit through Nissan Canada Finance for a limited time, may change without notice and cannot be combined with any other offers. Retailers are free to set individual prices. Retailers may sell for less. Offers valid between March 2nd and March 31st, 2010. Limited time offers on approved credit through Nissan Canada Finance are subject to change without notice and cannot be combined with any other offers. Retailers are free to set individual prices. *Model shown \$26,392 Selling Price for a new 2010 Rogue SL FWD (WB6G10 AA00), CVT transmission \$18,650 Selling Price for a new 2010 Versa Hatch 1.8 S (65R650 AA00), manual transmission and includes \$1,500 \$1,523 freight and PDE, \$5 OMVIC fee, \$29 tire stewardship fee, and \$100 air conditioning tax. License, insurance, registration, and other applicable taxes (including GST/PST and \$75 tax for fuel conservation) are extra. Finance offers are available on approved credit through Nissan Canada Finance for a limited time, may change without notice and cannot be combined with any other offers. Retailers are free to set individual prices. **EPA estimate. †For a limited time receive up to \$1,000 Grad discount available on select models when leasing or financing a new 2010 Nissan. See retailer for complete Grad program details. The Best Buy Seal is a registered trademark of Consumers Digest Communications, LLC, used under license. Government star ratings are part of the U.S. National Highway Traffic Safety Administration's (NHTSA) New Car Assessment Program (www.safercar.gov). U.S. model listed. Please see www.nissan.ca for up to date information. ©2009 Nissan North America, Inc. All rights reserved. iPod not included. *For a limited time receive up to \$1,000 Grad discount available on select models when leasing or financing a new 2010 Nissan. See retailer for complete Grad program details. January 2009. WardAuto.com's Lower Small segment, January 2009. 2010 Versa vs. 2009 competitors. †iPod is a registered trademark of Apple, Inc. All rights reserved. iPod not included. **For a limited time receive up to \$1,000 Grad discount available on select models when leasing or financing a new 2010 Nissan. See retailer for complete Grad program details.

The Ontario government announced last Friday more than \$20.8 million in grants from the Ontario Research Fund for six University of Waterloo-led research projects, which involve electrical and computer engineering and mechanical and mechatronics engineering. **METRO NEWS SERVICES**

More than \$20 million for uWaterloo-led research projects

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Retired prof donates \$12M to uSask

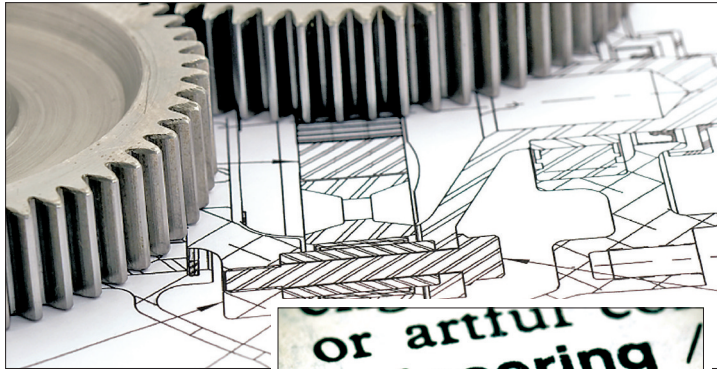
Last Friday, University of Saskatchewan professor emeritus Karim (Kay) Nasser announced a \$12-million donation in the form of real estate to the university, making it the largest gift uSask has ever received. The value of the donation will be channelled into student awards, two new campus buildings, the college of engineering, and the business school, which is moving to downtown Saskatoon with the help of a previous donation. **METRO NEWS SERVICES**

Great potential in engineering careers

Engineering the Future

Metro Workology is focusing on careers and education in the engineering sector for the month of March to celebrate National Engineering Month. Check back every Wednesday.

JON TATTRIE
for Metro Canada



Go to nem-mng.ca to find out about National Engineering Month in your region.

National Engineering Month is focusing on youth this March, exploring how the children of today will "design the future" of tomorrow.

"Engineering is a draw for young people simply due to the fact that there are so many things that one can do and achieve as an engineer," NEM's chief executive officer Chantal Guay said in an email interview. "Young people are generally enthusiastic and full of life, having a desire to contribute and make a difference in the world."

Events across Canada will target kids aged eight to 14, showing them how modern engineering offers careers in software, civil engineering, mechanical engineering, agriculture and forestry. Guay said good grades in high school math and science are important, but engineering also requires creativity, imagination and communication skills.

"Not only are engineers contributing to the well-being of society and the public's quality of life, we are part of the solution to the challenges facing the country," Guay added. "Our work goes a long way to ensure that, for instance, the public is provided with sustainable infrastructure and has the adequate technologies and the means to adapt to climate change."

Engineers can also swing into action to provide much-needed help when disasters strike, such as the January earthquake in Haiti, or the more recent earthquake in Chile.

"Engineers' work shapes the way we live, work and play, and students can see what they can do in the exciting world of engineering by participating in National Engineering Month activities," Guay said.

or artful
engineering
practical ap
as physics,
profession
manoeuvr
engineer

Bruce Dunwoody, associate dean for engineering programs at the University of British Columbia, said young people drawn to engineering are strong in math and science and want to physically do something that makes a difference.

"They feel that through engineering they can have an impact on the world and help other people," he said. He pointed to Engineers Without Borders and a student who spent his summer in Africa teaching villagers how to maintain earthen dams. Others have developed and install a "multi-

functional platform," a diesel engine that can work as a water pump or flour grinder in poorer villages.

"We see students who are keen on the environmental side, but we also see students who are drawn to mechanical engineering — the ships and planes and cars," Dunwoody said. "There's a lot of potential, a lot of flexibility and a lot of challenges in the job."

For more of the Engineering the Future exclusive series check Workology every Wednesday or stop by: metronews.ca/work

In the Dragons' Den, just as in life, the risk averse rarely succeed

Dragons' Den

Dianne Buckner

metronews.ca/dragonsden



Brett Wilson has handed out millions of dollars on Dragons' Den.

The Saskatchewan born entrepreneur made a fortune in the oil and gas business, starting his own Calgary-based investment firm back in the '90s. And now he's become the deal-making king on the CBC reality show, where cash-hungry entrepreneurs pitch for investment money.

But Brett's willingness to take a chance on people has earned him ridicule at times from the other Dragons, who appear to believe Brett is a softie in terms of needing a solid financial return on his investments.

"Sounds like a deal for Brett," one of the other Dragons will sometimes snicker, when faced with a weak pitcher.

I think Brett is a softie — in a good way!

"I get a return in my heart when I'm able to help someone step up their life," he told me, talking about the happiness he's seen on people's faces when he's delivered a cheque made out to their business venture.

But there's more to Brett Wilson than heart. This son of a car salesman didn't get a mansion, a

jet-setting lifestyle and the ability to play in any industry he wants by being soft in the head. Brett has the guts to play the odds.

"I know I don't have to pick a winner every time," he says. "I know that out of 20 investments, 17 or 18 may not pay off. Two or three may carry the weight of all of them. And I'm quite comfortable with that."

He makes sense. Even in our own working live, we all know that we can't count on 100 per cent success in everything we do. And no one ever got ahead by playing it safe every step of the way. We have to take a chance sometimes, stretch ourselves a bit — hoping there's someone like Brett around, who is willing to look at the positives.

He's done that with his hiring policies also, saying he's willing to give good people a second chance — once deciding to employ someone who was fresh out of rehab for cocaine.

"I'm not afraid of people who've made a mistake," says Brett. "They have likely learned from it."

Maybe it's because he's been given the benefit of the doubt too at times.

"Certainly in my first job, they took a chance on me," he says.

Brett is in fine form on our latest episode. Tune in tonight to see what surprising deals the kind-hearted Dragon makes.

Dianne Buckner is the host of Dragons' Den and the weekend anchor on the CBC News Network. Watch Dragons' Den at 8 p.m. tonight on CBC.

OVER 110 YEARS OF TRUST!

Be a Willis Graduate...
...Don't compete with one!

Health Office Administrator - Pharmacy Assistant

613-233-1128 • www.williscollege.com

Ottawa • Smiths Falls • Toronto • Cobourg • Thunder Bay • Barrie • Sault Ste. Marie • Belleville

CO-OP
WORK
PLACEMENT



WILLIS COLLEGE
OF BUSINESS, HEALTH AND TECHNOLOGY

EST. 1896

McMaster board to assess \$40-million medical facility proposal

McMaster University's board of governors will consider this week a plan for a \$40-million primary care centre to be built at the southeast corner of McMaster Innovation Park. **METRO NEWS SERVICES**

Economy taking a toll

Workplace blues prevalence increased by 11 per cent in three years

SYLVIA PUTZ
for Metro Canada



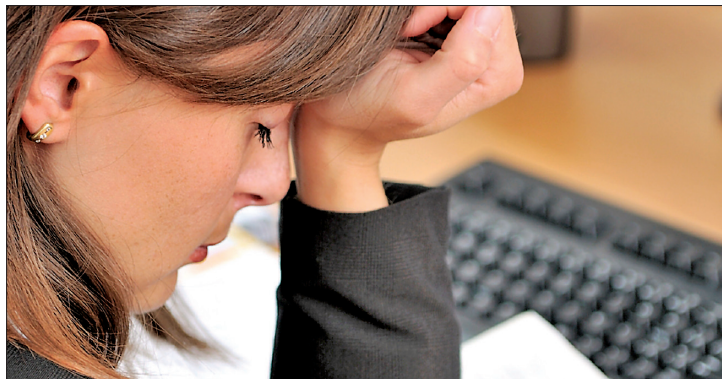
If you're feeling glum about your job, you're not the only one.

"The economy we've been experiencing has taken its toll on the emotional state of workers," says Don Thibert, career expert and director of Academic Affairs at Everest College.

Three quarters of employed Canadians said they suffer from work-related blues at least occasionally, according to the third annual Everest College Workplace Blues Survey recently conducted by Harris/Decima. And moreover, this number has increased by 11 per cent over three years.

The survey also revealed 61 per cent of Canadians are not optimistic about getting promoted. And more than a third consider their work to be a job without growth potential, rather than a career with advancement opportunities.

One reason for worker depression is that "job stability has been rocked by this economy," says Thibert. Losing a job due to downsizing is a real fear, and employees are worried that taking any risks could backfire. So they're keeping a low profile, regardless of their job satisfaction.



Three-quarters of workers suffer from the workplace blues occasionally, according to a new survey.

And when layoffs occur, the employees who are left are often asked to take on extra work.

What happens is that many employees allow their work-life balance to tilt off-kilter in hard economic times. Because they're worried about drawing negative attention to themselves, they may delay vacation, work longer hours and take on more work than they can reasonably handle. In the end, it's not a good idea. "If you're not happy at work, your unhappiness tends to leak out into your life," says Thibert. And that causes more stress. What can you do? You can't change the economy, but you can take stock. "You work for 40 years of your

life. That's a long time, so you should enjoy what you do," says Thibert.

But the process of determining job satisfaction and what to do about it isn't always so simple. Thibert recommends keeping a workplace diary for a month or so, noting whether you had a good workday or not, and why. You may rate your days on a scale of one (miserable) to 10 (excellent). After a while, you'll notice patterns.

"It's understood that there are some bad days," says Thibert. An average score of between seven and 10 means that you enjoy your job most of the time. To make it even better, you may be able to identify from your diary what it is

boss to get more of what you like and less of what you don't.

If your score is six or lower, "you're suffering," says Thibert. "I'd encourage those people to take a good long look at their skills, what they enjoy and what they don't, and to update." They need to take charge and figure out what type of job gives them more satisfaction, he says. He adds that employees who have been forced to make changes to their work life because their jobs were terminated are sometimes the happiest. "At the college, I've heard again and again that people wish they'd made the career change earlier."

Workology in brief

CAMPUSES FEAR FOR RESEARCH BUDGET AMID NATIONAL DEFICIT As the federal government prepares to battle a record deficit, post-secondary schools face the prospect that new facilities funded by the Knowledge Infrastructure Program will not be matched with new research investments in the upcoming budget. Some say that without serious new funding, Canada could lose ground, especially as the U.S. makes research investment a priority.

FUTURE OF MOHAWK COLLEGE'S BRANTFORD CAMPUS UNCERTAIN While Mohawk College still wants to move its Brantford campus downtown, it may consider leaving the city if that is not possible, says Mohawk Brantford's dean. The Elgin Street campus was recently turned down for federal stimulus funding to move the school into the core.

METRO NEWS SERVICES

GET CAREER READY IN LESS THEN ONE YEAR!



DIPLOMA PROGRAMS IN:

BUSINESS

Accounting and Payroll Administrator

- 33 wk program
- multiple accounting employment opportunities

Paralegal

- Accredited by the Law Society of Upper Canada
- 44 wk program including 4 wk co-op work placement

Travel Counsellor

- 28 wk program including 2 wk co-op work placement
- CITC endorsed

ALGONQUIN CAREERS ACADEMY

1644 Bank Street 613-722-7811 www.algonquinacademy.com

Workology in brief

UVIC FAST-TRACKS DEGREE FOR DYING STUDENT Last Wednesday, Eva Markvoort, whose battle with cystic fibrosis is the subject of an award-winning documentary, received her fine arts degree from the University of Victoria from her hospital bed in Vancouver. When her sister Annie told a professor about Eva's failing health, the professor and several faculty members worked to grant Markvoort her degree within 24 hours.

GOVERNMENTS, FIRST NATIONS CHIEFS SIGN MOU TO STRENGTHEN ABORIGINAL EDUCATION IN ALBERTA

The federal and Alberta governments and the Assembly of Treaty Chiefs of Alberta signed an MOU last week pledging to bring graduation rates among Aboriginal youth in Alberta to the same level as the rest of students. Both governments plan to analyze existing funding protocols for First Nations education and explore new "strategic" funding opportunities. The MOU calls for an Indigenous Knowledge and Wisdom Centre to establish an "education expertise" hub for all of the province's First Nations.

SOCIAL NETWORKS BECOME RECRUITING TOOLS OF TODAY'S INSTITUTIONS

An article in Sunday's Toronto Star takes notice of a trend among post-secondary schools using social media to connect with prospective students. "Young people consume video; video are their currency," says the marketing director for the University of Toronto, which two years ago produced 52 video testimonials from students and professors for its website. "You don't just tell them U of T isn't impersonal — you show them."

CARLETON AND WLU PICK UP AWARDS

Carleton University and Wilfrid Laurier University are just two of the Canadian winners in U.S.-based Higher Ed Marketing Report's 25th Annual Education Advertising Awards. Carleton's "Anything but Textbook" recruitment campaign earned a gold, silver, and bronze in the radio single spot, newspaper series, and total advertising campaign categories, respectively. WLU received a gold and bronze in the magazine single ad and internal publication categories.

METRO NEWS SERVICES

LA CITÉ COLLEGIALE

Une formation vraiment intense

Inscris-toi dès maintenant

www.lacitecollegeale.com | 613 742-2483

la cité collégiale

Le Collège des meilleures pratiques

Inspired by UQAM students' popular lip-synching video, a student life co-ordinator at the University of Alberta's Campus Saint-Jean recruited more than 100 students to participate in a similar production. The staff member who spearheaded the project hopes the video gains some positive attention for uAlberta. **METRO NEWS SERVICES**

Workology in brief

STUDENTS REJECT FEE In a recent referendum, members of Queen's University's Society of Graduate and Professional Stu-

dents voted against a \$112-a-year pledge to support Queen's Centre. Noting that the recreation facility has "drained

the university's resources," a society vice-president says its executive has always been against the investment. **METRO NEWS SERVICES**

TOURETTE SYNDROME... MORE THAN JUST A TIC

Tourette Syndrome (TS) is a neurological condition which affects 1 in 100 Canadians. TS is generally characterized by someone who has tics. There are different types of tics including eye blinking, coughing, hand flapping, head jerking, facial grimacing, knuckle cracking, biting mouth/lip, throat clearing, grunts, saying phrases such as "oh boy", stuttering, and complex breathing patterns. To complicate matters, most individuals struggle to live with the conditions closely linked to TS including Attention Deficit Hyperactivity Disorder, Obsessive Compulsive Disorder, Anxiety, Depression, Sleep Disorders, to name a few.

Although there is no cure for TS, with your financial support the Ottawa Chapter of the Tourette Syndrome Foundation of Canada can continue to help those affected in the Ottawa region reach their goals and lead productive lives. Please help us help those in need.



Tourette Syndrome Foundation of Canada

La Fondation canadienne du syndrome de la Tourette

LEARN MORE ABOUT TS. GET INVOLVED. GIVE GENEROUSLY.

On Sunday, March 21st the Ottawa Chapter is inviting you to join the 5km **TREK for Tourette** national fundraiser.

Visit www.tourette.ca
email info@tsottawa.ca or call
(613) 823-1471 for more details.

Employers will likely check up on you online

STUDY A polished resumé and portfolio aren't the only tools advertising and marketing professionals need to land their next job. A new survey shows a sterling digital presence is important, too. Nearly three-quarters (72 per cent) of advertising and marketing executives surveyed by The Creative Group said they are likely to search for information about prospective hires online. Another 59 per cent review job candidates' LinkedIn profiles and 44 per cent check out their Facebook pages.

Advertising and marketing executives were asked, "When evaluating potential advertising/marketing hires, are you likely to view the candidate's...?" Their responses:

- Results of a web search using the candidate's name: 72 per cent
- LinkedIn presence: 59 per cent
- Facebook presence: 44 per cent
- Blog postings: 35 per cent

Building your digital reputation

Definitely do's, definitely don'ts

The Creative Group offers some tips on digital reputation:

- **Create employer-friendly profiles:** Make sure the information you post about yourself on sites such as LinkedIn and Facebook showcases not just your personal interests and hobbies, but also your expertise, dedication to your field and ability to communicate effectively.
- **Optimize your information:** Help employers find you online by integrating key words that describe your skills, specialties and positions of interest into

your profiles. For example, if you're an advertising copywriter specializing in the automotive industry, you might include terms such as "copywriter," "automotive," and "ad copy" into your profile.

- **Design for an impact:** Make sure all job-hunting materials have a unified look and feel, including online content. For example, you might create a Twitter background with similar design elements that appear on your resumé, business cards and online portfolio.

- Twitter presence: 23 per cent

"Because so many creative professionals are tasked with helping companies build positive reputations online, hiring managers want to see that prospective hires have been able to do the same for themselves," said Donna Farrugia, executive director of The Creative Group. "A

digital footprint that adds credibility and highlights key strengths can be an enormous career asset."

Added Farrugia, "Creative professionals should view themselves as cohesive brands and make sure that all of the information published about them is consistent and portrays an accurate and positive brand impression." **METRO NEWS SERVICES**

Career Training

TAKE YOUR PICK

Medical Laboratory Assistant/Technician* **Pharmacy Assistant** **Medical Office Administrator**

Also offering Addictions and Community Services Worker, Dental Office & Chairside Assistant • Health, Fitness and Nutrition Consultant Intra-Oral Level II Dental Assistant • Massage Therapy Personal Support Worker • Physiotherapist Assistant

We have the programs that are right for you! Find out more today.

1-866-830-1282
Apply online at www.EverestCanHelp.ca

Everest COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE

Ottawa East
(St. Laurent Shopping Centre, next to Florida Fitness)

Ottawa West
(Across from Ikea Mall)

*This program has been approved by the Ontario Society of Medical Technologists (OSMT).

NPTPUB25

JPMORGAN CHASE CONTINUES TO GROW AND INVEST IN OUR CANADIAN TEAM

- Assets of \$2.1 trillion and operations in more than 60 countries
- 2nd largest global issuer of Visa and MasterCard
- Over 40 years of stability and growth in Canada
- Offering paid training, paid vacation, great benefits, competitive salary, performance incentives, career growth opportunities and an inclusive culture

We are looking for Bilingual (French/English) Customer Service and Sales Advisors, Technical Communication Consultants and Fraud Team Leaders.

Visit us online today!



Explore new career opportunities online at:
careers.jpmorganchase.com
Keyword: Ottawa1

JPMORGAN CHASE & Co.

We are committed to employment equity. Individuals who consider themselves aboriginal, visible minorities, and/or people with disabilities are encouraged to apply.

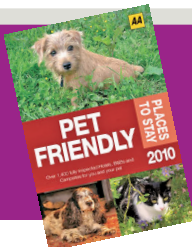
Olympic champion Vonn gets honoured

Vail Resorts and the entire Vail community offer their heartfelt congratulations to hometown hero and decorated Champion, Lindsey Vonn. In recognition of her many achievements, Vail Resorts is renaming a trail on Vail Mountain after Vonn. vailresorts.com. **METRO NEWS SERVICES**

17

Travel

EDITOR: BEN.RYCROFT@METRONEWS.CA



Bring your horse on vacation

Pet Friendly Places to Stay is a guide for pet owners who wish to take their pets on holiday with them. It includes over 1,200 establishments from AA inspected hotels and B&Bs, country-house hotels and seaside accommodation, and campsites that accept dogs, cats and horses so you can book your stay with confidence. It includes all the updated vacation options from past editions with many new great finds.

METRO NEWS SERVICES

Cancun re-claims spring break crown

Lower priced all-inclusive options driving 2010 recovery for gutted Mexican tourism industry

Mexico's spring break king — Cancun — is rebounding quickly from last year's triple blow to its tourism industry caused by the country's swine flu epidemic, drug violence and a global economic crisis.

Those worries couldn't compete this year against Mexico's cheap airfare from the United States and Canada and phenomenal package deals that include popular all-you-can-drink enticements.

February saw 85 per cent of its 28,000 rooms filled, a sign of Cancun's speedy recovery from 2009, when one million fewer visitors came than in a typical year. The relatively high occupancy seen in February is expected to go even higher in March when more universities are on spring break. "We're back to normal levels after having seen tourism practically paralyzed last year," said Quintana Roo state assistant tourism secretary Dario Flota.

At the sprawling, palm-tree packed Oasis Hotel, a popular spot with spring breakers, visitors from the U.S. Midwest and Canada looking to shake the chill from a usually brutal winter dotted the beach where some took photos with monkeys while others danced to music pumped out from gigantic speakers.

Emma Duranti, a 20-year-old science major at Queens University in Kingston, Ont., decided to come to Cancun after comparing it to Jamaica and finding a better deal.

Duranti said she paid \$1,040 for a seven-day, all-inclusive trip. "I was expecting a good party but it went above and beyond," said Duranti while sunbathing with two other friends on the beach of the Oasis Hotel.

"There is always a party on the beach and you can party all day and party all night."

Tourism officials say they expect about 25,000 spring breakers to descend



Cancun is rebounding quickly from last year's triple blow to its tourism industry caused by the country's swine flu epidemic, drug violence and a global economic crisis.



Last year Mexico lost over \$2 billion in tourism revenue.

Rebuilding white, sandy beaches

- The federal, state and local governments have invested \$80 million to rebuild Cancun's world-renowned powdery white beaches that have been suffering from erosion.
- The rebuilding, which took a year to complete, is the second attempt to rebuild the sandy playground



Tourism experts expect 25,000 students from across North America to descend on Cancun this spring.

this season on Cancun's newly rebuilt beaches and turquoise blue ocean, compared to the 20,000 spring breakers who visited last year.

That's in addition to tourists of all ages who visit throughout the year. And not only is Cancun drawing them back but destinations across the country are seeing tourists return, despite a U.S. travel alert warning Americans to stay away from some parts, mostly in the northern border states, because of drug violence.

Lonely Planet's U.S. staff's top 10 list for 2010 put Mexico as the No. 4

destination for the new year, declaring that "H1N1 is so 2009" and that Mexico is "still a good bargain, easy to get to for most Americans" — giving a much-needed endorsement for Mexico's third largest source of foreign income. Tourism all but came to a halt in April 2009 when fear over the swine flu epidemic virtually paralyzed Mexico, forcing the closure of schools, restaurants and archaeological sites and restricted air travel to Mexico from some countries. Mexico's revenue from foreign tourism dropped 15 per cent to \$11.3 billion from \$13.3 billion in 2008, according to the Tourism Department.

THE CANADIAN PRESS

AUSTRALIA

On Sale

15 Days \$2199*

Roundtrip airfare with Qantas from Ottawa

3 FREE flights in Australia

12 nights hotel (4 nights in a choice of 3 cities: Sydney, Melbourne, Brisbane, Cairns, Adelaide, Alice Springs* or Darwin*)

Design a Great Aussie Vacation!

- Shop exclusive boutiques in **Melbourne**
- Explore the **Outback**
- Snorkel on the **Great Barrier Reef**
- Marvel at the **Sydney Opera House**
- Taste wine in the **Barossa Valley**

* Price is per person, twin share. Valid for departures 1 May-8 Jun '10. Book by 31 Mar '10. Does not include tax of \$350 p.p. Surcharge applies for Alice Springs-\$200, Darwin-\$400-\$550. Savings reflect per couple travel to Cairns.

Contact your travel agent or call: **1 877 469 2966** or www.goway.com/aus

Tourists returning to Mexico

Hoffman tries his luck

Oscar winner Dustin Hoffman will star in David Milch's upcoming HBO series, *Luck*, according to *Variety*. Hoffman will play a highly intelligent man who's just been released from four years in prison and loves to gamble on horse racing. **EW.COM**

19

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

**Jump Street**

Johnny Depp — who became a reluctant 1980s teen idol thanks to his role on *21 Jump Street* — said he is interested in the idea of possibly making a cameo appearance in the planned *Jump Street* movie. **EW.COM**

Burton in Wonderland

NED EHRBAR
Metro World News

Twenty-five years after his first feature film (Pee-wee's Big Adventure) director Tim Burton has continued to defy categorization, delving into animation, comic books, musicals and ghost stories.

But one thing has remained constant: his focus on outsiders, from Pee-wee to Sweeney Todd to Batman to Beetlejuice. And in Disney's big-budget, 3-D *Alice in Wonderland*, Burton takes on one of literature's ultimate outsiders. Burton sat down with Metro to talk about growing pains, going 3-D and the eerie youthfulness of Pee-wee Herman.

Q What made you want to take on *Alice in Wonderland*?

A All the other film versions always suffered from a similar problem: They were always very cold and about this precocious brat and a bunch of weird characters, and it always felt very distancing. And yet there's something about those characters that just stays in your subconscious. You look at Tom Petty videos and Jefferson Airplane and all these illustrators. It keeps coming up in other people's work.

Q What was the thinking behind the idea of making



Director Tim Burton's 3-D *Alice in Wonderland* opens on Friday.

Alice older?

A The idea was setting her at this time in life when you just don't feel right. You feel awkward. You don't feel like a child, you don't feel like an adult. It just felt really right from a psychological point of view.

Q How do you think *Alice* fits in with your history of outsider characters?

A It's more internal and more quiet, but I understood her in the sense of feeling that awkwardness at that time of life. It's kind of sad, actually. You don't really fit one way or another. There's that melancholy, and I related to that. You

don't have to be a boy or a girl to have those feelings. It's universal.

Q What brought about the decision to make this a 3-D movie?

A It was presented to me. Disney said what about *Alice in Wonderland* in 3-D? The combination of the two, that hit me. It's not a gimmick. For me, it's just another element. You could do *My Dinner with Andre*

in 3-D. It doesn't have to be in your face. It can be subtle. The medium is important. I held out for 10 years for *Nightmare Before Christmas* so it could be stop-motion. I could've done it in cell animation or other things, but that felt right. Ed Wood felt right to shoot in black and white. Because of the trippy nature of *Alice* and because of the spatial thing and how 3-D draws you into it, it just seemed to fit.

Q You keep coming back to work with Johnny Depp and Helena Bonham Carter.

A I don't go out of my way to do that too much. With Johnny, we would never go, "Let's just work together to work together." It's too important to try to do something good to do that. And I'd say the same with Helena. I wouldn't work with her just to work with, because actually it's harder. But you know, when she's right for something you want to give her the benefit of the doubt. And she's good. I enjoy her performance in this.

Q Pee-wee Herman's making a comeback. Any plans to do another movie together?

A No, no. But it's funny. I remember when we were doing *Pee-wee's Big Adventure* — how long ago was that? I remember very specifically he and I joking around about doing another movie in 20 or 30 years, kind of like *Whatever Happened to Baby Jane?* or whatever. But we don't need to do that because he looks exactly the same. Good for him. It's scary. He looks exactly like he did when he was doing his last shows. I thought I was flashing back.

Polley pulls name from new film

FILM Canadian director Sarah Polley is pulling her name from a short film she made that is set to air during the Academy Awards broadcast this weekend.

The Toronto-based filmmaker says *The Heart* was crafted to promote the Heart and Stroke Foundation. But she says in a release that she's learned her work will also promote a product when it airs during one of the award show's commercial breaks.

The Heart and Stroke Foundation's healthy living campaign, dubbed *Heart Truth*, is sponsored by Becel.

THE CANADIAN PRESS

Looking for Something Meaningful?



Seats Available Call Now!!

Free Teach Abroad Seminar
Tonight Wed. March 3rd
@ 7pm

Carleton University
Rm 215 Tory Building

TESOL Certification Course Date:
March 23rd-28th

Teach in: Costa Rica, Japan, Mexico, Brazil, Kenya, Spain, Colombia, Peru, Egypt, China, Poland, etc...

unitedtesol.com

"I regard the theatre as the greatest of all art forms..."

Oscar Wilde

That's his viewpoint. What's yours?

Visit www.gtc.ca to see our line-up of shows this season

Media partner: **metr**



Great Canadian Theatre Company
YOUR CITY. YOUR THEATRE.

club metro **WEEKLY OFFERS**

REGISTER TODAY / S'INSCRIRE!

6717

JULY BLACK DAVID VIRELLES
RADIO RADIO RISE ASHEN BEAR WITNESS
SAMPRADAYA DANCE CREATIONS

MARCH 11 MARS 2010 7:30PM

FREE TICKETS / BILLETS GRATUITS

YOU COULD WIN A PAIR OF PASSES TO THE 6717 SHOW ON MARCH 11TH WHERE JULY BLACK AND OTHERS WILL BE PERFORMING!

Visit **clubmetro.com** and enter for your chance to WIN!

To register and for full contest details visit clubmetro.com

Guillermo Del Toro has hinted that The Hobbit could be in 3-D. The director has taken over the reigns from Peter Jackson and after the success of Avatar discussions are underway about possibly making it 3-D. FEMALEFIRST.CO.UK



Buy one coffee, get a second cup on us.

Valid only at participating Second Cup locations from March 3 to March 6, 2010. Buy a medium size brewed coffee and receive a medium size brewed coffee for free. Offer is limited to one free medium size brewed coffee with purchase per voucher. Voucher has no cash value and is not valid with any other offer. Printed or photocopied coupons not valid.

Other TV pregnancies

Both Jennifer Aniston and Jenna Fischer just played pregnant women on TV — they had no babies of their own. But when lead actresses do become pregnant, it can mean different things for their characters.

- When actress Mary Kay Stearns became pregnant in 1948, writers incorporated it into her show, Mary Kay and Johnny, making it TV's first on-screen pregnancy.
- Perhaps the most groundbreaking on-screen pregnancy was that of Lucille Ball on I Love Lucy. TV execs didn't think pregnant women should be shown on TV but they decided to correspond the airing of Lucy Goes to the Hospital (the episode when she gives birth) to coincide with her real-life delivery of son Desi Arnaz, Jr.
- When Law & Order: Special Victims Unit star Mariska Hargitay was due with her son, she was written off the show until she wasn't showing — her character's absence was explained by saying she went undercover for the FBI.

Oscar's hair-dos

JORDANA DIVON
for Metro Canada



"Tell me, darling. Who are you wearing?"

It's Oscar night's endless red carpet refrain.

But with all the attention lavished on colour, fabric and designer, celebrity hairstylist Jie Matar has some stark advice for Sunday's podium-bound stars.

"The first thing you look at on the red carpet is hair," says Matar. "And if the hair doesn't work, you can forget about the rest."

He's not kidding. Remember the beautiful pale pink Reem Acra gown Jennifer Lopez wore to the 2002 Oscars? No? That's probably because the tortured poodle standing to attention on her head made it impossible to retain anything south of her neckline.

Though serious hair mistakes like Lopez's are uncommon, Matar offers a few winning tips to make the tresses of any golden girl positively gleam — and change the mantra to: "Tell me, darling. Who did your hair?"

STYLE: SIMPLICITY REIGNS

We need to get away from prom hair! Most of the time, the actresses don't use their regular stylists because they get overwhelmed and that's where they make mistakes. I like to see simple updos: chignons and twists that suit the actress's bone structure. And the simpler the better. Sometimes I like to see nothing more than a sleek ponytail if the dress is too avant garde.



Cate Blanchette

COLOUR: BRONZE GODDESSES

I prefer gold shades for the Oscars. Copper hair is very in again for spring and summer. It's about engaging with the public and being as simple as possible. And what I love is healthy, shiny hair, which we haven't seen in a while.



Kate Winslet

If you treat your friend to a better cup of coffee did you still laugh at their new haircut?

Use the coupon above to find out.



Hollywood Votes

Academy Awards

DREAM CELEBRITY:

SANDRA BULLOCK

I would love to see (Best Actress nominee) Sandra Bullock in a very simple, chic hairstyle. I would slick it all back to expose her unique face. No bangs because bangs take away from her. And I would love to have a braid on the side and twist the braid to make it look like a seashell, putting a unique crystal accessory in her hair as a compliment. Check out some of Jie Matar's work at jiematar.com



Sandra Bullock

DOROTHY ROBINSON
For Metro US



This week, America's favourite co-workers-turned-lovebirds, Jim (John Krasinski) and Pam (Jenna Fischer), will celebrate the birth of their faux offspring in a special one-hour baby episode of The Office.

"I'm getting a bunch of mail, like, 'I can't wait to see you guys

have a baby, because we're expecting', so I feel like we're growing up with our fans," says Jenna Fischer about the event.

Not since Rachel Green (played by Jennifer Aniston) became pregnant on Friends has a TV birth been so eagerly anticipated. And considering that happened on 2002, it's been a while since a character on a popular sitcom has been seen procreating. Since most women do choose to

"In sitcom land, we prefer watching women with no real responsibilities."

children, it's interesting that pregnancy is such a missing element in today's comedies.

"Pregnancy has never been viewed as sexy," says Melissa Camacho, a professor of broadcasting at San Francisco State University.

"When Rachel had her baby, it wasn't a huge plot point."

As Sheryl Bowen, an associate professor of communication,

communications at Villanova University, puts it, "Television has an inability to show women in more than one role at more than one time."

Female characters on TV are either sex goddesses, mothers or high-ranking professionals; rarely do all three align. And in sitcom land, we prefer watching women with no real responsibilities.

As for Pam and Jim's baby, Camacho doubts it will become too much of an interruption on the show.

"The focus will not shift to (Jim and Pam as) a just-married working couple whose lives have just changed forever," she says. "It's doubtful that a baby will be seen sitting at a desk, just typing away."



Jenna Fischer and John Krasinski

Award-winning makeup tips

We all know Rita Hayworth gave good face. But what about her Hollywood successors? Veteran make-up artist Dino Dilio has the scoop on some of the red carpet "face work" we'll be seeing this year and how to grab the look for your own Oscar party.

SKIN: Glowy skin is in for both face and body. Gone are the days of mid-'90s spackled sparkle, but Dilio recommends a subtle shine using MAC Strobe Cream (\$38), which goes underneath your foundation and reflects the light. However, he cautions the oily-skinned should opt for a shimmer powder instead of a cream.



EYES: Smoky eyes are still de rigueur for a sultry stare, but trendsetters have swapped their blacks and greys for metallic hues like gold and bronze with charcoal liquid eyeliner just above the lash line. Dilio suggests placing just the smallest amount of glitter (like Sephora Glitter Shimmer Pots, \$10) on the inside corner of the lid to capture light from the flash bulbs.

LIPS: Actresses have been softening their makeup because it makes them look younger, Dilio reveals, but when it comes to Oscar night, a classic red lip is still the go-to shade. Try Clinique Angel Red (\$18). Choose a nude lip colour, like Dior Addict Lunar Brown (\$26) if you plan on playing up the eyes.

JORDANA DIVON/FOR METRO CANADA

Leno gets warm welcome: Ratings

RETURN Nielsen says Jay Leno got a warm welcome from viewers with his return on Monday to The Tonight Show



Jay Leno

Preliminary Nielsen Co. ratings from 56 metered markets across the nation give NBC's Tonight Show with Jay Leno a 5.4 rating and a 14 per cent share of the viewing audience. That compares with a 3.4 rating and eight share for ABC's Nightline, and a 3.0 rating and eight share for CBS' Late Show with David Letterman.

After 17 years, Leno left Tonight last May in the hands of new host Conan O'Brien. **THE ASSOCIATED PRESS**

In brief

PEOPLE Film critic Roger Ebert tried out his new voice on The Oprah Winfrey Show as he made his Oscar predictions. Ebert lost his ability to speak after surgery for cancer. But computer programmers at a Scottish company captured the sound of his voice from DVD movie commentary tracks.

THE ASSOCIATED PRESS

Lady A leads awards

McEntire announces country music nominees

An astounding run keeps getting better for Lady Antebellum.

Already buoyed by the crossover success of its latest album, the country trio learned it's up for seven Academy of Country Music Awards when nominations were announced yesterday.

Miranda Lambert and Carrie Underwood are next with six nominations, Taylor Swift has five and Kenny Chesney and Brad Paisley each have four.

The nominations were announced by Reba McEntire and Blake Shelton on CBS' The Early Show.

The Zac Brown Band and its frontman also had a big haul with the band receiving four nominations and Brown taking two more individually.

Lady A received five nominations alone for the gravity-defying hit Need You Now, including single record, song and video of the year, and is up for top vocal group and album of the year for its debut, Lady Antebellum.

The run for Hillary Scott,



Dave Haywood, left, Hillary Scott and Charles Kelley, of Lady Antebellum. The trio is up for seven Academy of Country Music Awards.

Charles Kelley and Dave Haywood started last July when I Run To You hit No. 1. The band picked up two Country Music Association Awards in November and both the single Need You Now and the album of the same name have exceeded sales expectations.

Underwood, Chesney, Swift, Paisley, the Zac Brown Band, George Strait, Keith Urban and Toby Keith are nominated for entertainer of the year, the top honour given out at the April 18 awards in Las Vegas.

Underwood's going for

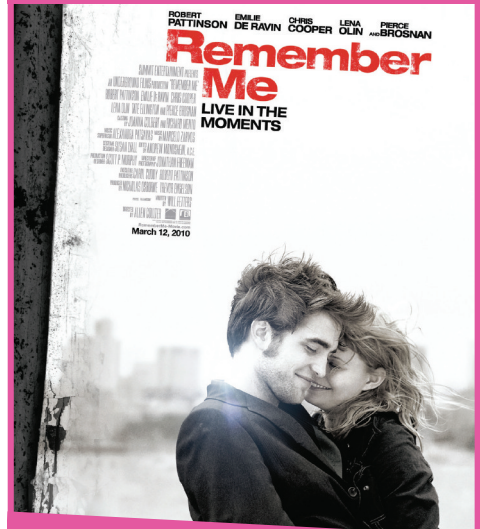
her second straight entertainer award, one of five categories voted on by fans. She would become the first woman to win two entertainer awards if she wins again.

She's also up for what would be a fourth straight top female vocalist award — with Swift, Lambert, McEntire and Lee Ann Womack — and album of the year for Play On.

Chesney is going for a fifth entertainer of the year award and is just one of three singers with four wins.

THE ASSOCIATED PRESS

CLUB METRO WEEKLY OFFERS



YOU COULD **WIN** A PAIR OF PASSES TO SEE

REMEMBER ME



YOU COULD **WIN** A LIMITED EDITION

CANADA'S NATIONAL COCKTAIL CAESAR BARTENDING KIT.

visit **clubmetro.com** and enter for your chance to WIN!



To register and for full contest details visit clubmetro.com

PT	Vu SC C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
33/10	265 353 2 TVO	Meerkat Manor	Meerkat Manor	The Agenda With Steve Paikin	The Fixer (Part 3 of 6)	The View From Here "Broke."	Agenda-Paikin			
	211 331 3 GRC	Entertainment	ET Canada	Bones Death metal band.	Kitchen Nightmares (N)	The Deep End "Pilot"	News Hour			
	- - 5 SRC	Virginie (SC)	L'Épicerie	Le Moment de vérité (SC)	Mirador (HDTV) (N) (SC)	Le Téléjournal Nouvelles (SC)	TJ Ontario			
	209 342 6 CTRV	Degrassi: Next	TMZ (N)	Old Christine	The Middle (N)	Law & Order: Special Victims Unit	Comedy Now			
	196 311 7 CTV	etalk	Access H.	American Idol The top 10 male semifinalists perform.	CSI: NY (HDTV) (N)	CSI: NY (HDTV) (N)	CTV News			
	208 303 8 CBC	Wheel Fortune	Jeopardy! (N)	Dragons' Den (HDTV) (N)	Republic of Doyle (DVS)	CBC News: The National	The Hour			
	- 360 9 NBC	Wheel Fortune	Jeopardy! (N)	Mercy (HDTV) (N)	Law & Order: Special Victims Unit	PC: Savior (N)	News			
	117 713 10 TVA	Poules-oeufs or	Les Gags	Destinées (HDTV) (N) (SC)	Dr. House (HDTV) (SC)	TVA nouvelles	(10:45) Denis Lévesque			
	- - 11 OS	Oncle Charlie	Rire et délire	Wipeout (N) (SC)	True Blood (SC)	L'Attaque à 5 (N)	À couper			
	137 763 12 TFO	Panorama	Un monde sans pitié	Un monde sans pitié	Baader Meinhof (2002, Drame)	Can Taylorian.	Expression			
	- 362 13 CBS	The Insider (N)	Judge Brown	Old Christine	Unmarried	CSI: NY (HDTV) (N)	Two/Half Men			
	216 395 14 OMNI2	Family Guy	The Simpsons	Omni News: S. Asian Edition	Criminal Minds (N)	Two/Half Men	Cold Case			
	214 344 15 CITY	Law & Order: Special Victims Unit	Mercy (HDTV) (N)	Modern Family	Cougar Town	Cougar Town	Modern Family			
	115 343 16 CFMT	Two/Half Men	The Office	Omni News: Italian Edition (N)	Vivere V	Omni News: Criminal Intent	Metroplus			
	218 345 18 CHCH	Before Sunset *** (2004, Romance)	Ethan Hawke.	Modern Family	The Middle (N)	A Beautiful Mind *** (2001, Biography)	News at 11 (N)			
	- 361 20 ABC	Action News	Entertainment	LeHeure politique	100 Huntley Street	Life Today	John Hagee			
	512 396 24 CPAC	(3) A la une	Little House on the Prairie	Dr. Quinn, Medicine Woman	American Idol The top 10 male semifinalists perform.	FOX 2 News (N)	News			
	- 365 36 FOX	TMZ (N)	Seinfeld	Faces of America	The National Parks: America's Best Idea (DVS)	CSI: NY (HDTV) (N)	Charlie Rose			
	- - 64 PBS	Business Rpt.	Steves Europe	Access H.	American Idol The top 10 male semifinalists perform.	Geologic Journey	CTV News			
	205 312 104 CTV	etalk	Access H.	Connect with Mark Kelley (N)	Campbell Brown (N)	Larry King Live (N)	National			
	502 390 26 NW	The Lang & O'Leary Exchange	Situation Room-Wolf Blitz	Boxing Ryan Henney vs. Frank White, Cruiseweight.	Grands reportages (SC)	The Ultimate Fighter (HDTV)	Sportsnet Connected			
	500 500 33 CNN	Situation Room-Wolf Blitz	Campbell Brown (N)	That's Hockey! NHL Hockey Vancouver Canucks at Detroit Red Wings.	(HDTV) (Live)	Le Téléjournal (SC)	RDJ économie			
	406 417 27 net	24 Heures en 60 minutes	Grands reportages (SC)	College Basketball Connecticut at Notre Dame. (Live)	Court Surfing NBA news, scores and highlights.	Score Now				
	126 730 28 RDI	That's Hockey! NHL Hockey Vancouver Canucks at Detroit Red Wings.	(HDTV) (Live)	Ghost Hunters Academy	Destination Truth	Destin. Truth				
	400 280 30 TSN	College Basketball Connecticut at Notre Dame. (Live)	College Basketball Kentucky at Georgia. (Live)	NASCAR	Racing Chef	NASCAR				
	410 403 52 SCR	Ghost Hunters Academy	Destination Truth	Johnny Test	Total Drama	6TEEN				
	411 457 56 OLN	NASCAR	Racing Chef	Sonny Chance	Suite Life	Overruled!				
	417 406 59 SC	NASCAR	Racing Chef	Malcolm-Mid.	Hates Chris	8 Simple Rules				
	554 544 48 TEL	Johnny Test	Total Drama	That's-Weird	Ranked!	mmtop10.ca				
	557 540 51 FAM	Sonny Chance	Suite Life	The Daily Fix	Criminal Minds (HDTV)	Dog the Bounty Hunter				
	551 542 65 YTV	iCarly	That's-Weird	Ways to Die	Ways to Die	Ways to Die				
	570 580 29 MM	The Daily Fix	Criminal Minds (HDTV)	Growing Up Tiny: Kenadi	Verdict	Life aux trésors (2007, Aventures)				
	615 520 31 A&E	Criminal Minds (HDTV)	Dog the Bounty Hunter	Unthinkable (2007, Suspense) (HDTV)	Michelle Forbes.	Hawthorne (HDTV) (N)				
	628 584 32 SPKE	Ways to Die	Ways to Die	Arts & Minds	O'Reagan File	Star Portraits				
	512 560 34 TLC	Growing Up Tiny: Kenadi	Verdict	The Colony (N)	Reba	Man vs. Wild				
	145 761 35 TV5	Verdict	Life aux trésors (2007, Aventures)	Unthinkable (2007, Suspense) (HDTV)	Michelle Forbes.	Star Portraits				
	616 521 39 SHO	Relic Hunter	Unthinkable (2007, Suspense) (HDTV)	Michelle Forbes.	Hawthorne (HDTV) (N)	White Collar				
	620 523 40 BVO	Death at-Opera	Bravo/Videos	Arts & Minds	O'Reagan File	Solving History-Oily Steeds				
	520 505 42 DIS	Daily Planet (N)	Amer. Funniest Home Videos	Reba	End of Leash	End of Leash				
	575 583 43 CMT	Amer. Funniest Home Videos	Reba	End of Leash	End of Leash	End of Leash				
	601 562 45 SLC	Rich Bride Poor Bride	22 Minutes	Corner Gas	Name Is Earl	The Simpsons				
	625 546 46 COM	Air Force	Family Guy	College Basketball Kentucky at Georgia. (Live)	Agent-Agent	Real Estate				
	294 529 47 TBS	Family Guy	Property Virgin	Star Trek: Voyager	Chuck (HDTV) (N)	The Real World				
	600 564 49 H&G	House Hunters	Property Virgin	Agent-Agent	Real Estate	Unsellables				
	627 528 50 SPC	Stargate Atlantis (DVS)	Cribs	Parent Control	Hoarders "Patty; Bill"	Ice Road Truckers				
	581 566 53 MTV	Peak Season	Cribs	Parent Control	Hoarders "Patty; Bill"	Ice Road Truckers				
	618 524 54 TROP	Rescue Ink	Ice Pilots NWT (HDTV)	Le Convoi de l'extrême (SC)	No Place Like	Open All Hours				
	522 506 55 HS	Ice Pilots NWT (HDTV)	Biographies "Winona Ryder"	Murder, She Wrote	Grocery Bag	Grocery Bag				
	129 773 60 CID	Biographies "Winona Ryder"	Murder, She Wrote	Grocery Bag	Grocery Bag	Grocery Bag				
	261 394 61 V	Murder, She Wrote	Grocery Bag	Grocery Bag	Grocery Bag	Grocery Bag				
	602 562 62 W	Supernanny	Mixed Blessing	Road to Pascua Lama	Down2Earth	The View (HDTV) (N)				
	269 350 70 APTN	Mixed Blessing	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)	Iron Chef America				
	612 527 71 TLK	Look-A-Like	TMZ	Challenge	Challenge	Challenge				
	603 561 95 FN	Ricardo	Fresh-Anna	Challenge	Challenge	Challenge				



The 18-year marriage between Billy Baldwin, left, and Chynna Phillips almost came to an end last week when Phillips filed divorce papers, but within days, she changed her mind and withdrew the filing, popeater.ca reports. **METRO NEWS SERVICES**

Celebrity Buzz

Amy, Blake seen smooching

PERHAPS SHE SHOULD GO TO REHAB FOR BAD RELATIONSHIPS Don't look now, but Amy Winehouse is back lip-locking with ex-husband Blake Fielder-Civil, people.com reports.

The couple, who divorced last summer, cozily ate some tapas at Jambon Jambon, which has been a regular haunt for



Winehouse, 26, in Camden, north London, Sunday. Friends of the singer say there is nothing formal being discussed between the two, who have only seen each other a handful of times since he left jail last year. **METRO NEWS SERVICES**

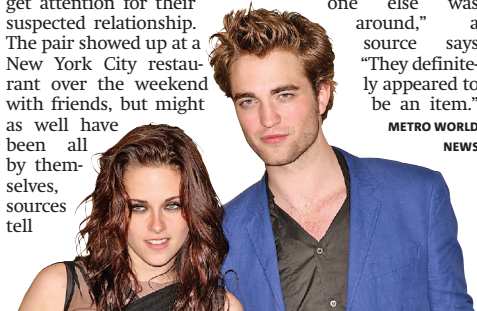
Twilight stars get touchy feely

I WONDER IF PATTINSON GAVE STEWART A LITTLE BITE ON THE NECK? Twilight co-stars Robert Pattinson and Kristen Stewart continue to get attention for their suspected relationship. The pair showed up at a New York City restaurant over the weekend with friends, but might as well have been all by themselves, sources tell

Gatecrasher.

"Robert and Kristen sat really close together and kept touching and rubbing each other's arms as if no one else was around," a source says. "They definitely appeared to be an item."

METRO WORLD NEWS



Osbourne says she lost weight herself

AND ALL THE DANCING WITH THE STARS TRAINING DIDN'T HURT EITHER Kelly Osbourne is thrilled with her new svelte figure, but she's not so thrilled with critics suggesting she got it the easy way.

"The rumours are ridiculous. They send out the wrong message because I've shaped up working hard for months — it wasn't a quick fix," she writes in her column in Closer magazine. "Someone even

said I've had a gastric bypass! I have 100 per cent not had any of that. I've lost weight from my face, and that's why it looks different."

And the former reality star is quite candid about why she hasn't

gone under the knife. "I can say with confidence that the only time I've been in a plastic surgeon's office was with my mum, and though I wouldn't rule it out when I'm older, right now I couldn't even do it if I wanted because of my past addictions — I couldn't take the medication they put you on."



METRO WORLD NEWS

Murphy's will leaves her hubby nothing: Report

BRITTANY WAS OBVIOUSLY A MAMA'S GIRL Brittany Murphy — who died after a battle with pneumonia Dec. 20 at age 30 — didn't leave a dime to husband Simon Monjack, us-magazine.com reports. She left her entire estate to her mother, Sharon, according to TMZ.com.



The site reports that years before Murphy wed Monjack in 2007, she handwrote a will leaving her mother every-

thing. The will was stored in her manager's safe.

Monjack wasn't surprised he was left out. He tells TMZ that before they wed, the actress' formal will, along with a trust, was drafted.

At his request, the will specifically stated, "I am married to Simon Monjack who I have intentionally left out of this will," he said.

METRO NEWS SERVICES

Gaga says she is celibate

MAYBE THE JONAS BROTHERS CAN GIVE HER A PROMISE RING? Lady Gaga has made an art form of skimpy outfits, but at the moment it's all for show. The pop star says she is currently single and celibate, people.com reports.

"I haven't got time to spend on the road to get to know anyone," she told reporters this



week at MAC cosmetics' Viva Glam event in London, reports the U.K.'s Mirror. "Even Lady Gaga can be celibate. You don't have to have sex to be loved."

The singer, 23, who arrived at the event in a sexy see-through black lace dress, may be abstaining — but that doesn't preclude her from offering opinions about what goes on in the bedroom.

"Sex should be fun, beautiful and colorful, but women get the short end of the stick," she says. "We're just receivers. We can't talk about sex, we can't sing about sex."

METRO NEWS SERVICES

Allen's dog gets roughed up

THOSE BRITISH BULLDOG CAN BE PRETTY TOUGH A vicious attack on Lily Allen's dog Mabel gave the singer a real scare, forcing an after-hours emergency run to the vet, popeater.ca is reporting. But all is well for Mabel, and Allen tweeted a picture of her bandaged dog. "Mabel got beaten up by bigger dogs," Allen tweeted. "She went to doggy hospital,

but she's ok."

A passerby at Allen's North London neighborhood vet saw

the popstar and her boyfriend Sam Cooper keeping vigil long after the attack and long after the clinic had closed to the public.

"She was doing a lot of pacing in the window," the witness tells PopEater exclusively. "She was sitting with her boyfriend, then standing, then sitting. She looked very upset."



METRO NEWS SERVICES

Follow these celebrities on Twitter...

CelebTweets

VIRGINIA MADSEN is having some fashion issues, **LINDSAY LOHAN** can't make it through an Emilio Estevez movie, **KARL LAGERFELD** gets serious about not being serious, and **JOHN MAYER** knows his limits.

@madlyv Fitting for my Oscar gown! But where can I hide my iPhone?

@lindsaylohan watching Young Guns... my eyes are about to close, they feel heavy, probably coz i'm tired! night night

@Karl_Lagerfeld Fashion does not have to prove that it is serious. It is the proof that intelligent frivolity can be something creative and positive.

@johncmayer Two Krispy Kreme doughnuts, good. Three Krispy Kreme doughnuts, bad.



Simpson blasts Mayer on Oprah

SOBER TALK Jessica Simpson strikes back at John Mayer over his unchivalrous comments about her in his recent Playboy interview. "I don't want people to know how I am in bed," Simpson tells Oprah Winfrey during a visit to her talk show airing in today, according to Us Weekly. Simpson and Winfrey also discuss how the singer is affected by negative comments about her weight.

METRO WORLD NEWS

Lohan slacked off at rehab

GRADE: INCOMPLETE Lindsay Lohan admits a few of her stints in rehab might not have been so successful because she didn't fully commit to them.

"The second two times I went to rehab, to be honest with you, I had to go because it was a court thing. It was an obligation. I had to do it to stay out of getting any jail time," Lohan tells Britain's OK! Magazine, saying that she found the visits relaxing.

METRO NEWS SERVICES

Alliance Française
Language Training & Cultural Centre

WARM UP YOUR FRENCH!
Discover our French Programs

PART-TIME:
7 weeks - 28 Hours - Mornings or Evenings

INTENSIVE:
Half Day or Full Day - Mornings or Afternoons

YOU CAN REGISTER NOW
To know more about our language training programs:
Alliance Française de Ottawa
613-234-9470
www.af.ca/ottawa - info@af.ca

NEW
Session Starts on March 8

The Ottawa Wedding Show!
Salon du Mariage d'Ottawa

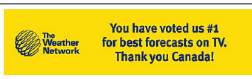
Lansdowne Park
March 6 & 7
FREE ENTRY!

Saturday & Sunday 10-5

- Ottawa's top wedding suppliers
- Fashion Shows 12:30 & 3:30
- Wedding Planning Seminars - 11:30 & 2:30
- Super Gown Sale
- Prizes, freebies & more!

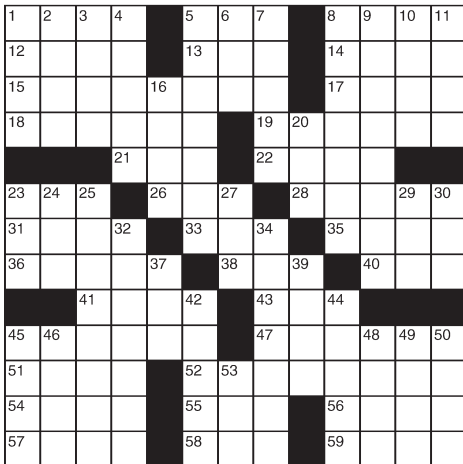
OttawaWeddingShow.com

mar 10 gphoto



For more delicious Metro recipes, visit: metronews.ca/food

Take Five



ACROSS

1 Caspian feeder
5 Couric's network
8 Close
12 One's performance
13 Coloration
14 Macadamize
15 Silicon Valley school
17 Scope
18 Find a new owner
19 Blood lines?
21 "Norma —"
22 Soft ball
23 Pump up the volume
26 Underwear with underwire
28 Haley book
31 Fisherman's supply
33 Duchamp contemporary
35 Legal document
36 Tiramisu topper
38 Navigation aid
40 Actress Susan

41 Northern Iraqi
43 Gun lobby org.
45 Imprisoned
47 Black-eyed legume
51 Hoodlum
52 Joan, Michael or Cindy
54 Traditional tales
55 Diving bird
56 Craving
57 Race place, for short
58 Shelter
59 Ponce de —

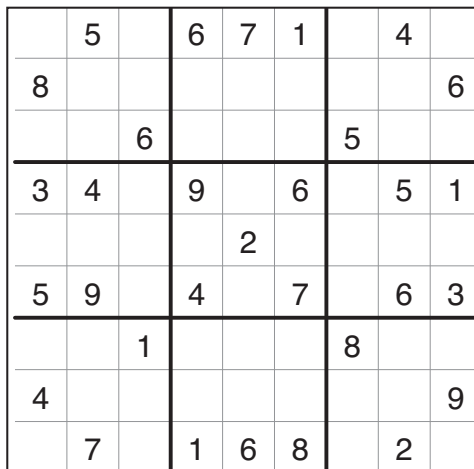
DOWN

1 Cold War initials
2 Memory method
3 "Woe is me!"
4 Hermit
5 Gastrointestinal illness
6 Prickly seedcase
7 Auto style
8 Who killed Cock Robin?
9 Connecticut city
10 Eye layer
11 4:00 get-togethers
16 "The Biggest Loser" target
20 "— the fields we go"
23 Basic learning
24 Chinese chairman
25 Mary of silents
27 Branch
29 Dead heat
30 Pigs' digs
32 U.S. Open, e.g.
34 Flapjack
37 Exist
39 Ship's front
42 Transfer
44 Terrible
45 Wrinkly citrus
46 Middy
48 Sweat opening
49 Therefore
50 Mideast gulf
53 Regret

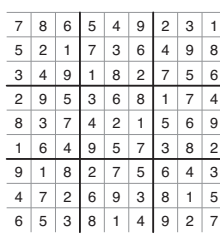
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Garlic Seafood Pasta

INGREDIENTS:

14 oz (400 g) linguine
2 tbsp (25 mL) olive oil
3 garlic cloves, crushed
4 tbsp (60 mL) dry white wine
1/2 lb (250 g) cherry tomatoes, quartered
2 packs frozen cooked seafood mix
3 tbsp (45 mL) ricotta cheese
1 oz (30 g) fresh flat-leaf parsley, roughly chopped

tomatoes. Add seafood and return to simmer. Cook, stirring occasionally, 4 minutes, or until tomatoes have started to soften and seafood is thoroughly heated. Stir in ricotta cheese, heat gently and season to taste.

3. Drain pasta and turn into warmed serving bowl. Spoon sauce over pasta. Add parsley and gently toss until thoroughly combined. Serve immediately.

SERVES 4

METHOD:

1. Cook linguine according to pack instructions, until al dente.
2. While pasta is cooking, heat oil in frying pan. Add garlic, then stir in wine. Simmer 1 minute; stir in

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
Make the most of what you possess, emotionally and materially. It may seem less than what others are enjoying but it is more than enough for your needs.



TAURUS
APRIL 21-MAY 21
The last few days have been hectic. Fortunately, today's Mercury-Saturn aspect will help you cut your workload down to manageable proportions.



LIBRA
SEPT 23-OCT 23
Get going on that you have a huge backlog of chores that need to be dealt with. Start on them today and don't stop until you have finished.



SCORPIO
OCT 24-NOV 22
It does not matter why certain things have happened. What matters is that you accept them and make the best of them. Keep your attitude positive.



GEMINI
MAY 22-JUNE 21
Some things take longer than others to get going, so don't worry if you seem to be getting nowhere. You are building the foundations for future success.



SAGITTARIUS
NOV 23-DEC 21
You want everything to be in its proper place and you will work hard to make sure there are no loose ends or bits and pieces you might accidentally trip over.



CANCER
JUNE 22-JULY 22
Life may seem a bit dull at the moment but don't let that fool you. There is a lot going on behind the scenes and it won't be long before you are busy.



CAPRICORN
DEC 22-JAN 20
Spell everything out in plain and simple language today. The people you are going to be dealing with are simply incapable of understanding big concepts.



LEO
JULY 23-AUG 23
For some reason you seem determined to force a confrontation, but that's the last thing you should be doing. Keep a low profile and stay out of harm's way.



AQUARIUS
JAN 21-FEB 18
Don't give too much away. That applies to money, of course, but it also applies to what you tell other people about your plans for the future.



VIRGO
AUG 24-SEPT 22
Just because a friend or work colleague isn't saying much at the moment does not mean they no longer like you. It's no big deal.



PISCES
FEB 19-MARCH 20
Forget about the past and live for the moment. Worrying about "what might have been" is sure to hold you back. It's what you do next that matters.



This day in history

1845: Florida is admitted as the 27th U.S. state.
1875: The first ever organized indoor game of ice hockey is played in Montreal, as recorded in The Montreal Gazette.
1923: Time magazine is published for the first time.
1939: In Mumbai, Mohandas Gandhi begins to fast in protest at the autocratic rule in India.
1991: An amateur video captures the beating of Rodney King by Los Angeles police officers.
2005: James Roszko murders four Royal Canadian Mounted Police constables during a drug bust at his property in Rochfort Bridge, Alta. **METRO NEWS SERVICES**

LINGERIE SALE

Selected items **20%-50% OFF**
including corsets, bustiers, babydolls, bras and more

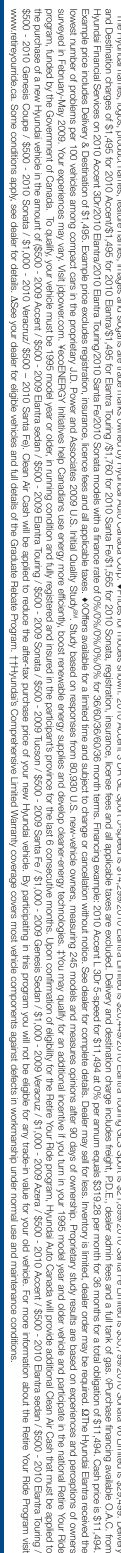


TAKE A BREAK FROM WORK

Visit metronews.ca to watch **metrotube** of the day



ADVANTAGE



LOWER PRICES ~~OR~~ WITH



(c) Sport model shows

Now From

\$9,999

with **0%** Purchase Financing
FOR **36 MONTHS**



Limited model shown

Now From

\$11,999

with **0%** Purchase Financing
FOR **60 MONTHS**



"Highest ranked Compact Car in Initial Quality in the U.S."
- J.D. Power & Associates[®]

- J.D. Power & Associates[®]

Now From

\$13,999

with **0%** Purchase Financing
FOR **36 MONTHS**



Starting From **\$25,999***

with

0% Purchase Financing
FOR **60** MONTHS



Limited model choice

2010 SONATA GL

Now From

\$17,999*

with

% Purchase Financing
FOR 36 MONTHS

**"MOST FUEL EFFICIENT
VEHICLE IN ITS CLASS"**



PLUS GET UP TO **\$1,000*** IN ADDITIONAL SAVINGS
WHEN YOU TURN IN YOUR 1995 MODEL YEAR OR OLDER VEHICLE.



To find your local dealer or to get more information on our fuel-efficient line-up visit **www.hyundaicanada.com**



HYUNDAI™